



Community Resource Directory

April 2013

The Arc of San Antonio was founded in 1954 by a group of parents who needed support and services for their children with special needs. Today, the mission of the Arc is to enhance the quality of life for children and adults with intellectual or other developmental disabilities. The Arc is a private nonprofit agency that provides a wide array of social services, information, referral, client support and advocacy for people with developmental disabilities and their families.

Copies of this directory are available online at www.arc-sa.org/resources.htm
or contact us at:

The Arc of San Antonio, Inc.
13430 West Avenue
San Antonio, TX 78216-2005
Arc Toll Free (888) 490-9609
(210) 490-4300
www.arc-sa.org

Although this directory is distributed free of charge, donations are gladly accepted. We depend on contributions to meet operating expenses in producing and mailing this directory. Organizations included in this directory are not directly or indirectly endorsed by The Arc of San Antonio. For more information about how you can support the Arc, contact Beth Green at BGreen@arc-sa.org, or call (210) 490-4300, ext. 127.

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ADAPTIVE EQUIPMENT / MEDICAL SUPPLIES

Advance Orthopedic Designs

12315 Judson Rd. #206 SAT 78233

(210) 657-8100

www.advancedorthopedicdesigns.com

Alamo Mobility – Driving Aids

6473 DeZavala Rd, SAT 78249

(210) 697-8884

www.alamomobility.com

All Star Medical

6894 Alamo Downs Parkway SAT 78238

(210) 767-8004 - Accepts CSHCN

www.allstarmedical.org

Bexar Care

7410 John Smith Dr, Suite 108, SAT 78229

(210) 614-3804 – Accepts CSHCN

www.bexarcare.com

Caprock Home Health Services

1123 N. Main Suite 215 SAT 78212

(210) 225-7003

www.chhs.com

Carvajal Pharmacy

3410 Roosevelt Ave. SAT 78214

(210) 922-2176

Accepts Medicaid, other major insurances.

Provides DMEs, nutrition supplies, compounding,

etc. Can provide Delivery service.

CHAMPS

7718 Louis Pasteur SAT 78229

(210) 614-1414

6978 Fairground Pkwy.

Medical supplies only. Accepts CSHCN.

www.champsmedical.com

Comal Drugs

544 Union Avenue

New Braunfels, TX 78130-4158

(830) 625-2421 www.comaldrug.com

Accepts: Medicaid (traditional, Molina & Community First)

Davila Pharmacy

1423 Guadalupe, Suite 108 SAT 78207

Authorized Medicaid Provider, medical supplies.

Accepts CSHCN, CHIP

(210) 226-5293

www.davilapharmacy.com

Harbor Alliance

13940 Bammel North Houston Rd., Ste. 102

Houston, TX 77066

Contact: Pauline Martin

(281) 397-8740 Fax: (281) 397-8741

Accepts Medicaid & CSHCN

www.harborallianceinc.com

Hope Medical Supply

1116 E. Houston, SAT 78205

(210) 226-1482

Accepts CSHCN

MEDCO

10305 Round Up Ln. #100 Houston TX. 77064

1-800-245-3816 (customer service)

Local: satexas@e-medco.com

Mike (210) 837-6404

www.e-medco.com

MK Prosthetic & Orthotic Services

4319 Medical Dr., Ste. 106 SAT 78229

(210) 614-9222

930 Proton Bldng. A, Ste. 100 SAT 78258

(210) 494-1933

www.mkprosthetics.com

National Seating Mobility

7715 Mainland SAT 78250

(210) 520-6481

Accepts Medicaid/Medicare and CSHCN

www.nsm-seating.com

Project M.E.N.D.

5727 IH 10 West, SAT 78208

Loans used equipment, wheelchairs, walkers, etc.

(210) 223-6363

www.projectmend.org

Rehab in Motion

8666 Huebner Rd. #200 SAT 78240
 (210) 696-1084

www.rehab-in-motion.com

San Antonio Orthotics & Prosthetics

11933 Network Blvd., SAT 78249
 Leg braces, etc.
 (210) 616-0761

Simon & Simon

7718 Louis Pasteur, SAT 78229
 (210) 691-1106

Summit DME

1070 Arian Circle, Suite 164 SAT 78216
 Authorized Medicaid and Medicare Provider,
 DME www.summit.hme.com
 (210) 521-9800

Wheelchairs Plus

7719 Wurzbach Rd, SAT 78229
 (210) 949-1660
www.wcplus.com

Wood Medical Supply

16147 College Oak #103, SAT 78249
 (210) 492-5533
www.woodmedicalsupply.com

**ADULT DAY PROGRAMS/ VOCATIONAL
 PROGRAMS**

Ability House

329 E. Ramsey SATX 78217
 (210) 277-0351

Alternative Business Services (dba Educare)

73700 Belgium Lane, SAT 78219
 Day Habilitation, vocational
 (210) 822-8036/ (210) 967-9699
 2006 Ceegee, SAT 78217

Angel Care Center of San Antonio, Inc.

4338 Center Gate Drive SAT 78217
 (210) 946-6300
angelcaresa@att.net

The Arc of San Antonio, Inc. – Life Enrichment

13430 West Ave SAT 78216 (210) 490-4300
 6530 Wurzbach SAT 78240 (210) 682-4200
 Adult Day Services (Young Adult, Day Habilitation)
www.arc-sa.org

Autism Treatment Center of San Antonio

16111 Nacogdoches SAT 78247
 (210) 590-2107
 Vocational Workshop & Day Habilitation
www.atcoftexas.org

CALAB Activity Center

6737 Poss Rd. SAT 78250
 (210) 509-2222
 Adult Day Habilitation and Vocational Programs
www.calabinc.com

Casa De Amistad

1933 Fredericksburg Rd. Ste 101 SAT 78201
 (210) 737-6955 - DAHS program

Center for Health Care Services - CHCS

3031 IH 10 W SAT 78201
 Calidad – Day Habilitation, Vocational
 (210) 731-1300
 DAHS – 532-5158
www.chcsbc.org

Community Learning Center - CLC

333 W Lovera SAT 78212
 (210) 733-1017
 Vocational

Council Oaks Community Options

11901 Toepperwein Suite 1001
 Live Oak, TX 78233
 (210) 646-0717 – Day Habilitation

Day Haven

8823 Tradeway SAT 78217
 (210) 832-0055 - Day Habilitation

Easter Seal Rehabilitation Center

Head Injury / New Beginnings Program
 2203 Babcock Rd, SAT 78229 www.easter-seals.org
 (210) 614-3911 lindatapia@easterseals.satx.org
 Day Habilitation and Vocational Training

Estrella de Mar, Inc.

3857 E. Southcross, Ste. 165 SATX 78222

(210) 337-4411

DAHS estrellademar@mail.org

Helping Hands – University Methodist Church

5084 De Zavala Rd. SATX 78249

(210) 690-7323

Day Habilitation

Hill Country Support Services

6450 Babcock SATX 78201

(210) 265-3192

Day Habilitation

Lifetime Living

3800 N. Loop 410 #101 SATX 78229

5425 N. Loop 1604 E SATX 78247

4455 FM 482 New Braunfels, TX 78132

(210) 651-0279

Day Habilitation

Methodist Mission Home

6487 Whitby SAT 78240

(210) 696-2410

Day Habilitation, Vocational

www.mmhome.org

Miracles Happen Day Habilitation Center

2881 Thousand Oaks SATX 78232

(210) 491-4419

www.miracleshappensatx.com

Mission Road Development Center

8706 Mission Rd SAT 78214-3144

(210) 924-9265

DAHS , Day Habilitation

www.missionroadministries.org

Mother Earth Adult Daycare

8464 Barron Dr. SAT 78240

DAHS Program

(210) 691-1778 www.motherearthadc.com

Reaching Maximum Independence (RMI)

(210) 656-6674 – various locations

Day Habilitation www.rmihomes.org

SAFire

11111 Lot A SATX 78217

(210) 236-7662

Day Habilitation www.safiretx.org

San Antonio Lighthouse

2305 Roosevelt SAT 78210

(210) 533-5195

Vocational services for visually impaired

www.salighthouse.org

Stepping Stones Day Hab

7795 Mainland, Ste. 105 SATX 78250

(210) 39-1857 Contact: Tawnie Martin

Tawnie.martin@hotmail.com

Sterling Adult Day Services

4252 Thousand Oaks SAT 78217 or

543 Pinn Rd., SAT 78227

(210) 656-4772 or 670-1105

DAHS www.sterlingservicesgroup.com

Texas Foundation of Hope

14015 San Pedro SAT 78232

(210) 265-3351

Day Habilitation, Vocational

www.txfh.org

Unicorn Center, Inc.

4630 Hamilton Wolfe SAT 78229

(210) 737-3355

Day Habilitation, Supported Employment

<http://unicorn.missionroadministries.org/main>

Workaccess, Inc.

Oak Meadow Methodist Church

2740 Hunters Green SAT 78231

(830) 714-9280

Youth & Adult program, provides work training and placements, with self-employment support.

Early Childhood program for children with special needs.

www.workaccess.us email: admin@workaccess.net

Yes I Can, Inc.

10807 Perrin Beitel Rd. #200 SATX 78217

(210)599-6668

Day Habilitation

www.yesicaninc.com

ALAMO LOCAL AUTHORITY FOR INTELLECTUAL & DEVELOPMENTAL DISABILITIES (ALA)

Alamo Area Council of Governments (AACOG)
www.aacog.com/mra/default.asp

ALA (Formerly BMRA)
Intake & Eligibility: (210) 832-5020
Service Coordination: (210) 832-5078

CENTER FOR HEALTH CARE SERVICES
www.chcsbc.org

Adult Mental Health Intake
(210) 223-4061

Adult Crisis Line
527 N. Leona 2nd floor
903 West Martin
(210) 225-5481

Adult Diagnosis Clinic
226-2012 or 226-2014

Child Mental Health/Crisis Intake
711 E. Josephine
(210) 299-8139

CHILD CARE FUNDING/RESOURCES

Child Care Services Division – CCSD
1227 Brady Blvd. SAT 78207
Child care funding and placement
(210) 206-5200
www.sanantonio.gov/comminit/childcareservices.aspx

City of San Antonio – Head Start
(210) 206-5500
www.saheadstart.org

Family Services/Smart Start
Child care Resource and Referral
(210) 657-6278
www.family-service.org

Online Child Care Search:
www.txchildcaresearch.org

San Antonio Family Endeavors
After School/Summer Programs
535 Bandera SAT 78228
(210) 431-6466
www.safamilyendeavors.org

Southwest Institute for Educational Advancement - SIEA
PO Box 701364, SAT 78270
Assistance in locating childcare services for special needs children and providing on-site and group training workshops.
(210) 885-5250

CHILD CARE PROGRAMS- SPECIAL NEEDS

The Arc of San Antonio- Life Enrichment
After School/Summer childcare
Child care ages 5-21
13430 West Ave. SAT 78216
6530 Wurzbach SAT 78240
(210) 490-4300 www.arc-sa.org

Brighton Center for Inclusive Communities
Bright Beginnings Day Care - Infant to 5 years old
14207 Higgins Rd. SAT 78217
(210) 826-4492 - www.brightonsa.org

Center for Health Care Services – CHCS
Summer Youth Program 227 West Drexel SAT 78210
For School Holidays and Breaks. 8-22 years old
(210) 532-5159
www.chcsbc.org

City Parks & Recreation Summer Program
Lincoln Community Center
2915 E. Commerce SAT
13-19 years old
(210) 207-3048

Country Home
8155 Fredericksburg SAT 78229
(210) 692-7205 - Call for additional locations
6 weeks to 13 years
www.countryhomelearningcenter.com

Eva's Heroes

11107 Wurzbach, STE. 203 SAT 78230
 (210) 694-9090 14-21 years old.

www.evasheroes.org

La Misión Childcare Kid Kamp

2211 So. Hackberry SAT 78210
 (210) 534-3836 0-12 years old

MiCasa Family Center

8601 Cinnamon Creek SAT 78240 (210) 561-7660
 4820 Brandeis (off DeZavala) (210) 696-6599
 8875 Timberpath (Northwest) (210) 521-9876
 0-12 years old

www.micasachildcenters.com

Mission Road - Soar Summer Program

8706 Mission Rd. SAT 78214
 (210) 334-2437 - 6-17 years old

www.missionroadministries.org

Rainbow Station

322 East Sonterra
 (210) 495-5222 0-14 years old

www.rainbowstation.org

Respite Care of San Antonio Day Care

605 Belknap Place / P.O. Box 12633 SAT 78212
 (210) 737-1212 0-12 years old

www.respitecaresa.org

Study Hall Learning Center

2046 Babcock SAT 78229 (210) 615-1414
 9480 Braun Rd. SAT 78254 (210) 684-4932
 4106 San Pedro Ave. SAT 78212 - (210) 733-1414
 0-12 years old www.studyhalldaycare.com

EARLY CHILDHOOD INTERVENTION

ECI General Line: (800) 628-5115

Brighton Center for Inclusive Communities

14207 Higgins Rd. SAT 78217
 (210) 826-4492

www.brightonsa.org

Easter Seal Rehabilitation Center

2203 Babcock Rd, SAT 78229
 (210) 614-3911

www.easter-seals.org

The Center for Health Care Services – CHCS

227 W Drexel SAT 78210
 (210) 532-5158

www.chcs.org

EDUCATIONAL ADVOCACY RESOURCES**101 Advocacy**

Helping families navigate through the special education process. (Sliding fee scale.)
 Contact Sylvia Farber - (210)722-9974

www.101advocacy.com

Disability Rights Texas

(previously named Advocacy Inc.) Assistance with legal rights of persons with disabilities
 6800 Park Ten Blvd., Ste. 208-N SAT 78213
 (800) 880-8401 (9:00 am- 12:30 pm)
 (800) 252-9108 (after 12:30pm)

www.disabilityrightstx.org

Jennifer Fitzhugh

(210) 415-6098

Helping children with special needs

Parent Alliance Learning and Support (PALS)

14207 Higgins Rd. SAT 78217
 School Advocacy (210) 826-4492

www.brightonsa.org

Partners Resource Network TEAM Project

School Advocacy
 (877) 832-8945 State (Houston)
 (210) 427-0828 Lucy Ortega www.partnerstx.org
 School Issues: www.theeducationlawyer.com

EDUCATIONAL SERVICES (PRIVATE SCHOOLS/ PROGRAMS**Achievers at University United Methodist Church**

5084 De Zavala Road SAT 78249
 Secondary school for students with special needs.
 (210) 690-7359

www.achieverscenterforeducation.org

Clowvazar Academy

6391 DeZavala, Ste. 202 SAT 78249
 Private Special Needs Education School
 (210) 690-4800

Foundation School for Autism

2235 Thousand Oaks, Ste. 130 SAT 78232
 Charter school for children diagnosed with Autism.
 Serves ages 3-7. Open enrollment, highly trained
 staff, wait list.
 (210) 402-0253 Contact: Rheatha Miller
rimiller@responsiveed.com

Monarch Academy at Morgan’s Wonderland

5235 David Edwards Dr. SAT 78233
 Private school for students with special needs. Serves
 6th grade – age 18. Focus on Academics, Life Skills and
 Employment Readiness.
 Contact: (210) 479-3311
www.monarchacademy.net
 Email: info@monarchacademy.net

One For Autism Academy

265 E. Lullwood SAT 78212
 (210) 680-8737 www.oneforautism.com

River City Christian School

5810 Blanco Road SAT 78216
 Private, Christian based school for students with
 learning differences or emotional disturbance
 (210) 384-0297
www.rivercitychristianschool.com

Sunshine Cottage School for Deaf Children

603 E. Hildebrand SAT 78212
 (210)824-0579
 For hearing impaired: TTY (210) 824-5563
www.sunshinecottage.org

Winston School of San Antonio

8565 Ewing Halsell, SAT 78229
 Private school for 1-12 grades for individuals with
 learning disabilities.
 (210) 615-6544
www.winston-sa.org

FINANCIAL PLANNING**Metlife Financial Services**

MetDESK (Division of Estate Planning for Special
 Kids) 100 NE Loop 410 Suite 1050 SAT
 (210) 340-0186 www.metlife.com

New York Life

8000 IH 10 West, Ste. 800 SAT 78230
 Contact: Paul Fernandez, LUTCF
www.PaulEFernandez.com
 Office: (210) 321-1491 Cell: 683-4679
 Specializing in planning for Special Needs Trust, Life
 Insurance, Annuities, Long Term Care, Mutual Funds &
 Guardianship Resources.

Northwestern Mutual

9110 IH 10 W Ste 105 SAT
 (210) 616-0900

Mess Mutual/DBA Sapiient Financial Group

10101 Reunion Place, Ste. 300 SAT 78216
 (210) 384-5384 - Contact: Kenny Roesler
www.SapiientFinancialGroup.com

The Arc of Texas – Master Pooled Trust

8001 Centre Park Drive, Ste. 100
 Austin, TX 78754 - 1-800-252-9729
www.thearcoftexas.org

GENERAL COMMUNITY RESOURCES

211 – Information and referral for various needs
 (utilities, rent, clothing, medical, transportation).
www.unitedwaysatx.org

311 – Information for city services (brush pickup,
 animal control, etc.)

Agape Ministry

127 Lanark SAT 78218
 Food, Clothing, Rent, Utilities
 Call M-W-F only (limited zip codes served)
 (210) 590-6655

Alamo City Christian Fellowship

6500 IH 10 35 N. SAT 78218
 (210) 654-7880 - Food and Clothing

Battered Women’s Shelter

(210) 733-8810 (Hotline)

Bexar County Department of Community Investment

233 N. Pecos SAT 78207
Utility, Heating/cooling appliance program.
(210) 335-6770

Carelink

Member Services - (210) 358-3350
Payment plan for medical services

Catholic Charities

2903 W Salinas, SAT 78207
Food, Clothing, Rent, Utilities & Immigration
(210) 433-3256

Christian Assistance Ministries – CAM

110 McCullough, SAT 78215, (210) 223-4099
5084 DeZavala, SAT 78249, (210) 697-6648
Food, Clothing, Rent, Utilities
www.christianassistanceministries.org

City of San Antonio Utility Assistance

(210) 207-7830

Community Action Program – CAP

Food, Clothing, Rent, Utilities
Call for nearest location/ Assists once a year
(210) 207-7830

Daughters of Charity Services of San Antonio

Medical, dental, social services including utility assistance, food, clothing, etc.
(210) 334-2300
www.dcssa.org

Ella Austin Community Center

1023 N Pine, SAT 78202
Food, Clothing, Utilities
Serves primarily East Side residents
(210) 224-2351 www.ellaaustin.org

Greater Randolph Area Services Program

426 E Aviation (thrift store)
250 Donalan Universal City TX 78109
(Randolph & Marion area only)
Food, Clothing, Rent, Utilities
(210) 658-6351

Greater Corinth Baptist Church

500 S New Braunfels, SAT 78203
Food Only M-F 4:00 p.m. - 5:30 p.m. ONLY
(210) 533-7991

Guadalupe Community Center

1801 W Ceasar Chavez SAT 78207 (only 07 zip code)
Rent, Utilities, & GED
(210) 226-6178

Habitat for Humanity

311 Probandt, SAT 78204
Builds homes for low income families/disabilities.
Monthly orientation meetings.
(210) 223-5203
www.habitatsa.org

Haven for Hope

1 Haven For Hope Way SAT 78207
(210) 220-2100
Homeless services and shelter
www.havenforhope.org

HELP Program

1701 W. Woodlawn SAT 78201
(210) 731-8118, ext. 202
Emergency food assistance, food stamp enrollment,
job placement, vision enrollment, CPS Utilities
assistance.
www.hrpch.org/programs/help
Email: hrpch@hrpch.org

Hispanic Religious Partnership

1701 W. Woodlawn, SAT 78201
(210) 731-8118
Has Diaper Bank offering emergency assistance that
can supply a week worth of diapers, baby food, baby
wipes and 2 days of formula. Must be below 200% of
poverty & can help every 3 months.

House of Neighborly Service

407 N Calaveras St
Food only (210) 434-2301

House of Prayer

2911 Gunsmoke St., SAT 78227
Food pantry (210) 673-7172
Monday – Friday, 12:30pm – 2:30pm

Life Line – AT & T

Reduced telephone service for low income families
(800) 464-7928

Madonna Neighborhood Center

1906 Castroville Rd.
Provides some food and clothing assistance
(210) 432-2374

Presa Community Center

3721 S Presa, SAT 78210
Senior Nutrition Center, Utilities for area residents. (210) 532-5295
www.presa.org

Project Warm - Bexar County Dept. of Community Assistance

For CPS assistance during winter only
(210) 335-6770

Program-RACAP

Food, Clothing, Rent, Utilities.
NE area only. M-F 1:00 p.m. - 3:00 p.m.
(210) 658-1613 - Schertz, TX

Society of St. Vincent de Paul

Food, Clothing, Rent, Utilities, Furniture, Appliances. Call between 9:00 and 11:00a.m.
(210) 225-7837

San Antonio Alternate Housing

1215 S Trinity, SAT 78207
Helps low income families own homes
(210) 224-2349 www.saahc.org

Salvation Army

226 Nolan St
Temporary shelter for men
(210) 226-2291

Salvation Army-Hope Center

510 N Flores St, SAT 78212
Food anytime, For Clothing, Rent & Utilities. Must call on Mondays by 9 a.m. for appointment.
(210) 352-2020

SAMMinistries

910 W Commerce, SAT 78207
Temporary shelter and transitional housing
(210) 224-5838

San Antonio Food Bank

5200 Old Hwy 90 West, SAT 78227
Food, Assistance w/ completing food stamp applications & applying for Medicaid/CHIP.
(210) 337-3663

Wesley Community Center

1406 Fitch, SAT 78211
Food, Clothing, Utilities, Day Care, After School Care
Basketball Program for Young Men, Summer Recreation Programs.
(210) 924-5191

LEGAL ASSISTANCE**Lawyer Referral Service**

(210) 227-1853

Alamo Service Connection – Legal Assistance Program

Free legal assistance for limited income, for Seniors over age 60. Can assist with a simple will, power of attorney or a medical directive.
(210) 477-3275

Carol Bertsch

4950 San Pedro, SAT 78212
Medicaid, guardianship, Special needs trust
(210) 892-4555 – www.assistingseniors.com

Margie Boldrick

1777 NE Loop 410, Suite 600 SAT 78217
Estate Planning
(210) 349-1199

Catholic Charities Guardianship Program

202 W. French SAT 78212
(210) 210-293-1009
www.ccaosa.org

Judith Davila-Nelson, Law Firm PLLC

3503 West Avenue, SAT 78213
Immigration Attorney
(210) 299-1300
www.davila-nelson.com

Kathleen Goodman

8118 Datapoint Dr., SAT 78229
(210) 949-1000

Granstaff, Gaedke and Edgmon

5535 Fredericksburg Rd. SAT 78229
Guardianship & Trust
(210) 348-6600

Jim House

8620 New Braunfels, Suite 315 SAT 78217
Estate Planning
(210) 821-6863

Kay Martinez, Family Law

3737 Broadway #320 SAT 78209
(210) 826-0851

Cheryl McMullan

111 Soledad, Suite 300, SAT 78205
Estate Planning, Guardianship & Medicaid
(210) 212-4076

RAICES – Refugee & Immigrant Center for Education and Legal Services

1305 N. Flores St. SAT 78212
(210) 226-7772
Promotes justice by providing free and low-cost immigration legal services and education to underserved immigrant children, families and refugees in Central and South Texas.
www.raicestexas.org

Betsy Riley, Family Law

206 E. Locust SAT 78212
(210) 212-6700

Barbie Scharf-Zeldes, Family Law

8925 IH 10 W SAT 78230
(210) 699-6589

Patricia Sitchler

112 E Pecan 30th Floor, SAT 78205
Estate Planning Guardianship, & Medicaid
(210) 224-4491

Connie Somers

11122 Wurzbach, Ste. 100 SAT 78230
Social Security
(210) 271-7807

Anna M. Torres & Associates

85 NE Loop 410, Suite 116 SAT 78216
(210) 249-2143
Estate Planning, Probate, Elder Law, Adoption & Business Organizations

St. Mary's Law School

(210) 431-2596

Texas RioGrande Legal Aid, Inc.

1111 N. Main, SAT 78212
(888) 988-9996 or (800) 369-0356

K.T. Whitehead, Elder Care Attorney

3004 Nacogdoches Road SAT 78217
Estate Planning, Guardianship & Medicaid
(210) 930-4300

MEDICAID WAIVER PROGRAMS**DADS Long term Help****CBA – Community Based Alternatives Program**

for those with a need for skilled nursing services
(210) 438-6208 - (ages 21 & over)

DB-MD – Deaf/Blind Multiple Disabilities Program

for those with diagnoses of Deaf, Blind and a developmental disability (all ages)
(877) 438-5658 - Interest list in Austin

HCS – Home & Community-based Services Program

for those with a diagnosis with intellectual disabilities (all ages) Interest list in San Antonio. (210) 832-5020

CLASS – Community Living Assistance & Support

Services Program for those with a diagnosis of Developmental Disabilities / Related Conditions (all ages) Interest list in Austin (877) 438-5658

MDCP – Medically Dependent Children’s Program for those with a need for skilled nursing services (children up to 21) Interest list in Austin (877) 438-5658

YES – Youth Empowerment Services - For children and adolescents with severe emotional disturbances to live in the community with their families. This is a pilot program in Bexar County. Interest List: (210) 731-1300, ext. 259

MENTAL HEALTH SERVICES & SUPPORTS

Clarity Child Guidance Center
8535 Tom Slick Rd. SAT 78229
(210) 616-0300

La Paz Community Mental Health
530 San Pedro, SAT 78212
(210) 558-8744
(210) 558-4276 - Children and Adults Intake

National Alliance for Mental Illness NAMI, SA
510 Belknap, Rm. 224 SAT 78202
Ed Dickey (210) 734-3349
www.nami.org

ONLINE RESOURCE DIRECTORY

Alamo Service Connection
Provides access to long term services & supports for older adults, people with disabilities & their families.
(210) 477-3275
www.askasc.org

DisabilitySA.org
Resources for individuals with disabilities in Bexar County. ar of local events at
www.disabilitysa.org

Gordon Hartman Family Foundation
www.hartmansa.org

OTHER SERVICES

Guide Dogs of Texas, Inc.
1503 Allena Drive. SAT 78213
(210) 366-4081 1-800-9231

Providing guide dogs to Texans who are visually impaired to enhance their mobility and independence.
www.guidedogsoftexas.org

SIBscape -
Website to help siblings of individuals with developmental disabilities and others become better advocates for their families. Provides training and services for individuals ages 14 and up and has programs specifically designed for siblings. www.sibscape.org, or contact Stacy Mather at stacey@sibscape.org

PARENT TRAINING PROGRAMS

Avance National Headquarters
118 N. Medina SAT 78207
Parenting Education, Adult Literacy, Fatherhood Services, Child Abuse/Neglect Intervention
(210) 270-4630 www.avance.org

Avance of San Antonio
118 North Medina SAT 78207
Parenting Education, Adult Literacy, Fatherhood Services, Child Abuse/Neglect Intervention
(210) 220-1788
www.avancesa.org

Family Services Association
702 San Pedro SAT 78212
(210) 299-2400
www.fsasatx.org

PALS (Parent Alliance for Learning & Support)
(210) 826-4492

Partners Resource Network Team Project
Provides training on special education issues
(877) 832-8945

RECREATION / LEISURE ACTIVITIES

Above & Beyond Gymnastics
2835 NE Loop 410, SAT 78218
(210) 213-1458

The Arc of San Antonio, Inc.
Recreational and leisure opportunities for adults -
(210) 490-4300 www.arc-sa.org

A.W.A.R.E. San Marcos

San Marcos, TX
Therapeutic horseback riding
(512) 754-6773
www.awareranch.org

A-Z Music Therapy

20770 Hwy 281 No. Ste. 108-188 SAT 78258
(210) 392-1277
www.a-zmusictherapy.com

**Children's Association for Maximum Potential -
C.A.M.P. Teen Program**

(210) 671-5411
www.campcamp.org

Eva's Heroes

11107 Wurzbach Rd. Ste 203 SAT 78230
(210) 464-2277 – Ages 14-21
After school and summer enrichment for children
& young adults with developmental disabilities.
Monthly activities for ages 16 and older.
www.evasheroes.org

**Jesus Cares Outreach /Our Savior Lutheran
Church**

11503 Vance Jackson, SAT 78230
Religion class for people with DD meets every 1st
and 3rd Saturday of every month in the fall.
(210) 696-2716

Kids Yoga Therapy

3300 Nacogdoches Rd., Ste. 110, SAT 78217
For young infants and children with
Neurodevelopment challenges including
developmental delays, Autism, ADHD.
Contact: Kathleen Matula, PhD in Child
Development and certified in Yoga for the special
child.
(210) 834-8275
www.kidsyogatherapy.com

Kinetic Kids

PO Box 690993 - SAT 78269-0993
(210) 748-5867
www.kinetickidstx.org

Miracle League of S.A.

Baseball team League for children with intellectual
and/or physical challenges.
www.miracleleagueofsanantonio.com
Michael Miller – (210) 225-6666

Morgan's Wonderland

5223 David Edwards Dr. SAT 78233
(210) 495-5888 or (877) 495-5888
www.morganswonderland.com

R & K Songsters Choir

Gail Phillips - (210) 805-0802

**San Antonio Playmakers Program/San Antonio
League of Self Advocates (SALSA) –**

16414 Ledge Park SAT 78232
Drama program for adults with developmental
disabilities.
(210) 828-7125 - Contact Judith

**San Antonio Parks and Recreation Department
Adaptive Sports & Recreation Program**

(210) 207-3018 or (210) 207-3048
www.sanantonio.gov

The Door in the Wall, Inc.

767 Lookout Drive, Lakehills, TX 78063
Fun, free events for people with disabilities.
(210) 637-8316
www.ditwtexas.org

The Saddle Light Center

17530 Old Evans Rd, Selma TX 78154
Therapeutic riding for people with special needs
(210) 651-9574 www.thesaddlelightcenter.com

Special Olympics Texas

10233 McAllister Frwy Ste 100
SAT 78216 (210) 530-9898
Fax: (210) 530-9896 www.sotx.org

Sunburst Gymnastics

7903 Mainland Dr, SAT 79250
(210) 680-0944

Triple H Equitherapy

789 Backhaus Rd Pipecreek TX 78063
 Therapeutic riding for people with special needs
 (830) 510-9515

University United Methodist Church – The “U”

5084 DeZavala Rd, SAT 78249 Sunday school
 classes for children and adults with
 developmental disabilities.
 Director – Susan Galindo
 (210) 696-1033 www.uchurch.tv

RESIDENTIAL SERVICES**GROUP HOMES:**

For a complete listing of HCS/ICF-MR facilities
www.aacog.com/MRA/default.asp

SUPERVISED APARTMENT COMPLEXES:

Mission Road Development Center
 Various locations - (210) 344-9987

Reaching Maximum Independence

Various locations - (210) 656-6674

RESOURCE AND REFERRAL**Alamo Area Council of Governments (AACOG)**

8700 Tesoro Dr., Ste. 700 SAT 78217-6228
 (210) 362-5200
www.aacog.com

Bexar Area on Aging

Information/Referral for individuals 60 and older
 in Bexar County
 (210) 362-5254

The Arc of San Antonio, Inc.

13430 West Ave, SAT 78216
www.arc-sa.org - (210) 490-4300

The Arc of Texas

www.thearcoftexas.org
 (800) 252-9729

The Arc of US

www.thearc.org (800) 433-5255

Any Baby Can, Inc.

217 Howard SAT 78212
www.anybabycansa.org
 (210) 227-0170

CSD (Communication Services for the Deaf) of Texas

7400 Blanco Rd. Ste, 130 SAT 78216
 Resource/Referral/Advocacy
www.c-s-d.org
 (210) 349-3332 (Message Center)

Center On Independent Living – COIL

12414 Nacogdoches, Suite 150 SAT 78217
 (210) 655-2333 or 655-2336
www.coil.org

Region 20 Education Service Center

1314 Hines Ave. SAT 78208
 (210) 370-5200
www.esc20.net

San Antonio Independent Living Services - SAILS

1028 S Alamo, Suite 1, SAT 78210
 (210) 281-1878
www.sailstx.org

RESPIRE PROGRAMS**Children’s Association for Maximum Potential**

(CAMP) Summer/ weekend respite camps for
 children and adults.
 (210) 671-5411
www.campcamp.org

Center For Health Care Services (Calidad)

8155 Lone Shadow Converse, Texas 78109
 Respite and Foster Care Services
 (210) 659-5857
www.chcsbc.org

Gordon Hartman Family Foundation

Parent’s Night Out – 2nd Thursday of the month
 6:00pm – 9:00pm (drop off starting at 5:00pm)
 (210) 493-2811

iParent SA Respite Services

Located at The Children's Shelter, provides scheduled childcare, emergency respite & crisis child care. Bexar County only . Ages 0 – 17 years. (210) 212-2576, Mon. – Fri. 8:00am – 5:00pm
Emergencies and crisis intervention:
(210) 383-3239, 24 hours a day/7 days a week.
www.childrensshelter.org

Respite Care of San Antonio

Davidson Respite House/ Day Care/Mother's Day Out PO Box 12633, SAT 78212
(210) 737-1212
www.respitecaresa.org

Take Time Texas

A website to help find respite services for child and adults.
www.taketimetexas.org

STATE PROGRAMS / OFFICES

Bexar County Tax Office

For Handicap placards and license plates
(210) 335-2251

Bexar County Housing

1017 N. Main Ave., Ste. 201 S.A. TX 78212
(210) 225-0071

Department of State Health Services (DSHS)

Children with Special Health Care Needs Program
(210) 949-2000
www.dshs.state.tx.us

Department of Aging and Disability Services (DADS)

Long Term Care program – (210) 438-6208
Consumer rights hotline - (800) 228-1570
www.dads.state.tx.us

Department of Assistive and Rehabilitative Services (DARS) *Blind and visually impaired services*

4204 Woodcock , Suite 274 SAT 78228
Assistance for visually impaired from birth to adult
(210) 785-2750 Fax (210) 735-7508

Rehabilitation Services:

Central(downtown) (210) 228-2280
North (210) 561-8600
Northeast (210) 590-5740
South (210) 927-8300
West (210) 522-8010
Regional (210) 805-2200

www.dars.state.tx.us Health and Human Services (HHSC)

Customer Service Line (Ombudsman)

(877)787-8999
www.hhsc.state.tx.us

HHSC-Medicaid Hotline

(800) 252-8263

San Antonio Housing Authority

818 S Flores, SAT 78204
Housing Assistance Program general info.
(210) 477-6262
Section 8 info – option 1

Social Security Administration

(800) 772-1213

Texas Department of Family and Protective Services (TDFPS)

3635 SE Military Dr
(800) 252-5400 (24 hour hotline)

SUPPORT GROUPS

****Call for current meeting times and locations****

Alamo Head Injury

For brain injury survivors, family and friends. Meets the 4th Wednesday, 6:00pm.
2203 Babcock
(210) 614-4323

Any Baby Can

Sibling Support Group: Group for siblings of medically fragile & chronically ill children
Autism/Asperger's Support Group
(210) 227-0170
www.anybabycansa.org

Arc Family Network

Information and support network for families with children/adults with special needs
(210) 490-4300
www.arc-sa.org

Autism and Beyond

A 501(c)(3) non-profit charity organization created by a group of parents for children and adults with Autism and Intellectual Disabilities.
Contact: Irma Canfield at (210) 262-6740 or itcanfield@gmail.com

Autism Community Network

701 S. Zarzamora SAT 78207
(210) 435-1000 /Fax: (210) 200-6056
Provides comprehensive services for children diagnosed with Autism up to age 5.
Monthly Parent Workshops.
www.autismcommunitynetwork-SA.org

Autism Society San Antonio Support Groups

(210) 764-9577
www.meetup.com/autismsocietysa

BrightBeacon.org

Social networking site for parents of kids with medical needs to meet, discuss your children and their children's medical needs. Provides support, information and resources.
www.brightbeacon.org

Children's Bereavement Center of South Texas

For Children that have lost a parent or sibling due to extended illness.
(210) 736-HUGS - www.cbcst.org

CHADD (Children and Adults with Attention Deficit Disorder)

(800) 233-4050
www.chadd.org

Clarity Child Guidance Center

Support group for parents of children diagnosed with a mental health condition
(210) 616-0300

National Alliance for Mental Illness-NAMI, SA

510 Belknap, Rm. 224 SAT 78202
Ed Dickey (210) 734-3349
www.nami.org

The Down Syndrome Association of San Antonio

For families with children that have Down syndrome
(210) 349-4372

Epilepsy Foundation of Central and South Texas

(210) 653-5353
www.efcst.org

Meld Special

Support group for parents of children with special needs or chronic illness. Free Childcare and meal provided. Call for locations (210) 223-9381.

MoCAA (Moms Connect About Autism)

www.mocaa.org

Muscular Dystrophy Association

8610 Broadway, Ste. 200, 78217
Diagnostic exams, medical follow-up, carrier-testing counseling, equipment, PT/OT, summer camp, support groups (210) 650-3181
www.mda.org

San Antonio Independent Living Services (SAILS)

Support group for adults with disabilities; families of adults with disabilities; Young adult (18+) and Life skills classes for successful living.
Contact: Sandie Flanagan - (210) 281-1878

T.A.A.I.D (Texas Adults with Autism and Intellectual Disabilities)

Parent Support & Advocacy.
Meets every 3rd Saturday of every month at Shepherd of the Hills Lutheran Church – 6914 Wurzach Rd., 2:00pm – 4:00pm.
Contact: Irma Canfield – (210) 262-6740
Debby Valdez – (210) 493-0546
Regina Radulski – (210) 216-4097

Trey's House

(210) 771-4489 - Contact: Margaret
A club house for individuals, 18 & up with Acquired & Traumatic Brain Injury to include others with

debilitating brain disorders, including Asperger's, epilepsy, and other stigmatized disabilities that lead to social and job related problems.

www.treyshousesa.org

Tourette Syndrome Support Group

Meets 1st Tuesday of the month

6:30pm – 8:00pm.

8109 Fredericksburg Rd. 1st Floor Conference

Room A

Adults and Children welcome

Contact: Wendy Marcus-Perez

(210) 479-3740

Pod1098@aol.com

www.tourettetexas.org

TRANSPORTATION

Medical Transportation

For Medical or Dental Appointments

1-877-633-8747 (Medicaid or CSHCN eligibility required)

City of San Antonio

Transportation for the elderly

(210) 207-6680

VIA-Trans

Scheduling and info: (210) 362-5050

Eligibility: (210) 362-2140

www.viainfo.net

Warm Springs Resource Center

(210) 595-9200

Ages 50 plus

www.warmsprings.org