

## **COMMUNITY RESOURCE DIRECTORY**

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The Arc of San Antonio was founded in 1954 by a group of parents who needed support and services for their children with special needs. Today, the mission of The Arc is to enhance the quality of life for children and adults with intellectual or other development disabilities. The Arc is a private non-profit agency that provides a wide array of social services, information, referral, client support and advocacy for people with developmental disabilities and their families.

# AUGUST 2018

Copies of this directory are available online at  
<http://www.arc-sa.org/resources/>

Or contact us at:

**The Arc of San Antonio, Inc.**  
**13430 West Avenue**  
**San Antonio, TX 78216-2005**  
**Arc Toll free (888) 490-9609**  
**(210) 490-4300**  
[www.arc-sa.org](http://www.arc-sa.org)

**Although this directory is distributed free of charge, donations are gladly accepted. We depend on contributors to meet operating expenses in producing and mailing this directory. Organizations included in this directory are not directly or indirectly endorsed by The Arc of San Antonio. For more information about how you can support The Arc, contact the Development Director @ (210) 490-4300.**

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**ADAPTIVE EQUIPMENT/MEDICAL SUPPLIES**

Advance Orthopedic Designs (210) 657-8100  
12315 Judson Rd. # 206 SAT 78233  
[www.advanceorthopedicdesigns.com](http://www.advanceorthopedicdesigns.com)

Alamo Osteopathic Physicians (210) 656-4363  
And Surgeons (DME)  
1260 Nacogdoches Rd. SAT 78217 Accepts Tricare, Medicaid, Medicare

Alamo Mobility – Driving Aids (210) 697-8884  
6473 DeZavala Rd. SAT 78249  
[www.alamomobility.com](http://www.alamomobility.com)

Bexar Care (210) 614-3804  
7410 John Smith Dr. Ste. 108 SAT 78229  
Accepts: CSHCN  
[www.bexarcare.com](http://www.bexarcare.com)

Bulow Orthotic & Prosthetic (210) 614-4077  
Solutions (210) 452-2296  
4410 Medical Drive, Ste. 210  
[www.BulowOPS.com](http://www.BulowOPS.com)

Caprock Home Health Services (210) 225-7003  
1123 N. Main, Ste. 215 SAT 78212  
[www.chhs.com](http://www.chhs.com)

Carvajal Pharmacy (210) 922-2176  
3410 Roosevelt Ave. SAT 78214  
Accepts: Medicaid, other major insurances.  
Provides DMEs, nutrition supplies, compounding, etc.  
Can provide delivery service.

CHAMPS (210) 614-1414  
7718 Louis Pasteur SAT 78229 6978 Fairground Pkwy.  
Accepts: CSHCN  
Medical supplies only.  
[www.champsmedical.com](http://www.champsmedical.com)

Comal Drugs (830) 625-2421  
544 Union Avenue  
New Braunfels, TX 78130-4158  
Accepts: Medicaid (Traditional, Molina & Community 1<sup>st</sup>)  
[www.comaldrug.com](http://www.comaldrug.com)

Davila Pharmacy (210) 226-5293  
1423 Guadalupe, Ste. 108 SAT 78207  
Accepts: CSHCN, CHIP  
Authorized Medicaid Provider, medical supplies  
[www.davilapharmacy.com](http://www.davilapharmacy.com)

Harbor Alliance (281) 397-8740  
13940 Bammel North Houston Rd. (281) 397-8741 F  
Contact: Pauline Martin  
Accepts: CSHCN, Medicaid  
[www.harborallianceinc.com](http://www.harborallianceinc.com)

Hope Medical Supply (210) 226-1482  
1116 E. Houston SAT 78205  
Accepts: CSHCN

MEDCO (210) 837-6404  
10305 Round Up Ln. #11 Houston, TX 77064  
Local: Joe DeHoyos [jdehoyos@e-medco.com](mailto:jdehoyos@e-medco.com)  
Accepts: CSHCN -

MK Prosthetic & Orthotic (210) 614-9222  
Services  
4319 Medical Dr., Ste. 106 SAT 78229  
930 Proton Bldg. A., Ste. 100 SAT 78258 (210) 494-1933  
[www.mkprosthetics.com](http://www.mkprosthetics.com)

National Seating Mobility (210) 520-6481  
7715 Mainland SAT 78250  
Accepts: CSHCN, Medicaid/Medicare  
[www.nsm-seating.com](http://www.nsm-seating.com)

Project M.E.N.D (210) 223-6363  
5727 IH 10 West SAT 78208  
Loans used equipment, wheelchairs, walkers, etc.  
[www.projectmend.org](http://www.projectmend.org)

Rehab in Motion (210) 696-1084  
8666 Huebner Rd., #200 SAT 78240  
[www.rehab-in-motion.com](http://www.rehab-in-motion.com)

Romo Medical Equipment (210) 532-3895  
3453 N. Pan Am Expy, Suite 105 SAT 78219  
Specializes in high-tech respiratory equipment.  
[www.ronmedical.com](http://www.ronmedical.com)

San Antonio Orthotics & (210) 616-0761  
Prosthetics  
11933 Network Blvd. SAT 78249  
Leg braces, etc.

Shield Healthcare (210) 375-0002  
9901 Broadway SAT 78217 1-800-495-0999

Simon & Simon (210) 691-1106  
7718 Louis Pasteur SAT 78229

Summit DME (210) 521-9800  
1070 Arian Circle, Ste. 164 SAT 78216  
Authorized Medicaid & Medicare Provider, DME  
[www.summit.hme.com](http://www.summit.hme.com)

Travis Medical (210) 767-8004  
6894 Alamo Downs Parkway SAT 78238  
Accepts: CSHCN  
[www.travismedical.com](http://www.travismedical.com)

Wheelchairs Plus (210) 949-1660  
7719 Wurzbach Rd. SAT 78229  
[www.wcplus.com](http://www.wcplus.com)

Wood Medical Supply (210) 492-5533  
16147 College Oak #103 SAT 78249  
[www.woodmedicalsupply.com](http://www.woodmedicalsupply.com)

**ADULT DAY HABILITATION**

Ability House (210) 277-0351  
329 E. Ramsey SAT 78216

Angel Care Center of S.A. (210) 946-6300  
4338 Center Gate Dr. SAT 78217  
[angelcaressa@att.net](mailto:angelcaressa@att.net)

The Arc of San Antonio - Life Enrichment  
13430 West Avenue SAT 78216 (210) 490-4300  
6530 Wurzbach SAT 78216 (210) 682-4200  
Contact: Jennifer Tarr [jtarr@arc-sa.org](mailto:jtarr@arc-sa.org) [www.arc-sa.org](http://www.arc-sa.org)

Arnold's Angel Day (210) 437-0374  
Habilitation Center  
8823 Tradeway SAT 78217  
Hours: 7:30am – 4:30pm  
Contact: Joyce Jones [joycejonescm@yahoo.com](mailto:joycejonescm@yahoo.com) [angelcaressa@att.net](mailto:angelcaressa@att.net)

The Back Yard (210) 688-4281  
9511 Powhatan Dr. SAT 78230  
Contact: Pat Meadors [thebackyardsaid@gmail.com](mailto:thebackyardsaid@gmail.com)

Beach House Arts School (210) 901-9233  
& Enrichment  
9258 Culebra Rd., Ste. 125 Contact: Sabrina  
For Teens & Adults w/ ID.  
[www.beachhousearts.org](http://www.beachhousearts.org)

CALAB Activity Center (210) 509-2222  
6737 Poss Rd. SAT 78217  
Adult Day Habilitation & Vocational Programs Contact: Debbie Martinez  
**CLASS funding only**  
[www.calabinc.com](http://www.calabinc.com)

Calidad (210) 261-3330  
227 W. Drexel SAT 78210  
Contact: Stephanie Chambliss  
[www.chcsbc.org](http://www.chcsbc.org)

Educare Community Living (210) 979-7009  

- ABS (Alternative Business Services)  
Central Day Hab – 3700 Belgium Lane 78219  
Contact: Lynn Esteves [lesteves@rescare.com](mailto:lesteves@rescare.com)
- ABS (Alternative Business Services)  
Vocational Program – contract work - 2006 CeeGee  
[www.rescare.com](http://www.rescare.com) (210) 967-9699

Estrella De Mar, Inc. (210) 337-4411  
3857 E. Southcross, Ste. 165 SAT 78222 Contact: Kelly Cheney  
[estrellademar@mail.org](mailto:estrellademar@mail.org)

Helping Hands - (210) 690-7323  
University Methodist Church Contact: Susan Galindo  
5084 De Zavala Rd. SAT 78230

Homelife & Community (210) 736-3334  
Services, Inc. Fax: (210) 736-0404  
2401 Wilson SAT 78228

Lifetime Living (210) 239-5752  

- 7271 Wurzbach #140 SAT 78240 contact: Monique
- 5425 N. Loop 1604 E SAT 78247 (210) 239-5752

[www.lifetimelivinginc.com](http://www.lifetimelivinginc.com)

Milagro (210) 815-1385  
6810 Bandera Rd., Ste. 1 SAT 78238  
Director: Carla Thomas Manager: Shanayah Evans

Mission Road Development Center (210) 924-9265  
8706 Mission Rd. SAT 78214-3144  
Contact: Robin Warden [rwarden@mrmsat.org](mailto:rwarden@mrmsat.org)  
[www.mrmsat.org](http://www.mrmsat.org)

Precise Enrichment Program (210) 897-1935  
6322 NW Loop 410 SAT 78238 Contact: Josephine Booker  
[preciserespitcare@yahoo.com](mailto:preciserespitcare@yahoo.com)

R&K Career Developmental (210) 653-7797  
Opportunities Contact: John Schwab  
8709 Botts Lane SAT 78217  
[www.rkhomes.net](http://www.rkhomes.net)

Reaching Maximum Independence (210) 656-6674  
RMI 8900 Starcrest SAT 78217 [www.rmihomes.org](http://www.rmihomes.org)

SAFire (210) 236-7662  
11111 Iotta SAT 78217 Contact: Teresa Sullivan  
San Antonio Fitness, Independent & Recreational Environment  
[www.safiretx.org](http://www.safiretx.org)

SALife Academy (210) 382-1247  
St. Andrews United Methodist Church - 722 Robinhood Place SAT 78209  
Relationship Building, Academics, Community Involvement, sound mind and  
body and expressive creativity. Contact: Cindy Boynton  
[www.salifeacademy.org](http://www.salifeacademy.org)

Stepping Stones Day Hab (210) 680-6768  
7980 Mainland SAT 78250  
Contact: Tawnie Martin [tawnie.martin@hotmail.com](mailto:tawnie.martin@hotmail.com)

Texas Foundation of Hope (210) 265-3351  
28454 Thousand Oaks SAT 78232  
Sheltered workshop accepts private pay, HCS & ICF funding.  
[www.txfh.org](http://www.txfh.org)

Unicorn Center, Inc. (210) 737-3355  
4630 Hamilton Wolfe SAT 78229 Contact: Alvin Taylor  
Sheltered workshop accepts private pay, HCS & ICF funding.  
<https://missionroadministries.org/unicorn/main>

Yes I Can, Inc. (210) 599-6668  
10807 Perrin Beitel Rd. #200 SAT 78217 Contact: Isaac Blanchard  
[www.yesicaninc.com](http://www.yesicaninc.com)

**ALAMO LOCAL AUTHORITY FOR INTELLECTUAL & DEVELOPMENTAL DISABILITIES (ALA)**

Alamo Area Council of Governments (AACOG)  
[www.aacog.com/mra/default.asp](http://www.aacog.com/mra/default.asp)

Alamo Local Authority (ALA) (210) 832-5020  
 Intake & Eligibility  
 Service Coordination: (210) 832-5078

**CENTER FOR HEALTH CARE SERVICES**

[www.chcsbc.org](http://www.chcsbc.org)

Adult Crisis Care Center (210) 225-5481  
 527 N. Leona 2<sup>nd</sup> Floor  
 903 West Martin (walk in – no appt. necessary)

Adult Mental Health Intake (210) 223-7233

Children’s Crisis Hotline (210) 261-3350  
 227 W. Drexel SAT 78210

Children’s Outpatient Services (210) 261-3350

**CHILD CARE FUNDING / RESOURCES**

Child Care Services - CCS (210) 230-6300  
 1499 Hillcrest, Ste. 103 SATX 78228  
 Child care funding and placement  
<http://www.sanantonio.gov/humanservices/EarlyEducationChildCare/childcareassistance.aspx>

City of S.A. – Head Start (210) 206-5500  
[www.saheadstart.org](http://www.saheadstart.org)

Online Child Care Search:  
[www.txchildcaresearch.org](http://www.txchildcaresearch.org)

San Antonio Family Endeavors (210) 431-6466  
 ext.180 535 Bandera SAT 78228  
 Caregivers on demand  
[www.safamilyendeavors.org](http://www.safamilyendeavors.org)

**CHILD CARE PROGRAMS – SPECIAL NEEDS**

Brighton Center for Inclusive - (210) 826-4492  
 Communities  
 14207 Higgins Rd. SAT 78217  
 Childcare. Ages: Infant to 5 [www.brightonsa.org](http://www.brightonsa.org)

Country Home (210) 692-7205  
 8155 Fredericksburg SAT 78229 Call for additional locations  
 Ages: 6 weeks to 13  
[www.countryhomelearningcenter.com](http://www.countryhomelearningcenter.com)

Eva’s Heroes - (210) 694-9090  
 13526 George Road, Ste. 110 SAT  
 Ages: 14-21  
[www.evasheroes.org](http://www.evasheroes.org)

La Misión Childcare Kid Kamp - (210) 534-3836  
 2211 So. Hackberry SAT 78210  
 Ages: 0 – 12  
<http://lamisionchildcare1.wixsite.com/lamisionchildcare1>

MiCasa Family Center  
 8601 Cinnamon Creek SAT 78210 (210) 561-7660  
 4820 Brandeis (off DeZavala) (210) 696-6599  
 8875 Timberpath (Northwest) (210) 521-9876  
 Ages: 0-12  
[www.micasachildcenters.com](http://www.micasachildcenters.com)

Mission Road – (210) 334-2437  
 Soar Summer Program  
 8706 Mission Rd. SAT 78214  
 Ages: 6-17  
[www.misionroadministries.org](http://www.misionroadministries.org)

Rainbow Station (210) 495-5222  
 322 East Sonterra  
 Ages: 0-14  
[www.rainbowstation.org](http://www.rainbowstation.org)

Respite Care of San Antonio (210) 737-1212  
 605 Belknap Place/ P.O. Box 12633 SAT 78212  
 Ages: 6 weeks – 6 y.o.  
[www.respitecaresa.org](http://www.respitecaresa.org)

Study Hall Learning Center  
 2046 Babcock SAT 78229 (210) 615-1414  
 9480 Braun Rd. SAT 78254 (210) 684-4932  
 4106 San Pedro SAT 78212 (210) 733-1414  
 Ages: 0-12  
[www.studyhalldaycare.com](http://www.studyhalldaycare.com)

**DAY ACTIVITIES & HEALTH SERVICES (DAHS)**

ACTS Adult Day & Activity Center (210) 932-2287  
 328 W. Mayfield SAT 78221

Alamo Adult Day Activity Center (210) 435-7800  
 328 W. Mayfield SAT 78221

Calidad (210) 261-3330  
 227 W. Drexel SAT 78210

Care Plex (210) 675-3255  
 7519 Marbach Rd. #106 SAT 78227  
[www.careplexadultdaycarecenter.com](http://www.careplexadultdaycarecenter.com)

Casa De Amistad (210) 737-6955  
 1933 Fredericksburg Rd., Ste. 101 SAT 78201

Heavenly Hands (210) 337-3640  
 8001 Midcrown Ste. 104-106 78218

Heavenly Hearts (210) 646-0407  
 2034 Austin Highway SAT 78218

La Estrella (210) 932-4991  
 6315 S. Flores St. SAT 78214

Milagro (210) 815-1385  
 6810 Bandera Rd., Ste. 1 SAT 78238  
 Director: Carla Thomas Manager: Shanayah Evans

Mission Road Development Center (210) 924-9265  
 8706 Mission Rd. SAT 78214-3144  
[www.missionroadministries.org](http://www.missionroadministries.org)

Mother Earth Adult Daycare (210) 691-1778  
 8464 Barron Dr. SAT 78240  
[www.motherearthadc.com](http://www.motherearthadc.com)

New Dawn Adult Day Care (210) 263-9393  
 10300 Heritage SAT 78216  
[www.newdawn daycare.com](http://www.newdawn daycare.com)

Our Place (210) 223-3141  
 3455 Martin Luther King SAT 78221

Seniors 2000 (210) 435-1800  
 4396 Callaghan Rd. SAT 78228  
 2368 E. Southcross Blvd SAT 78223 (210) 531-9500  
[www.seniors2000.com](http://www.seniors2000.com)

Sterling Adult Day (210) 656-4772  
 4252 Thousand Oaks SAT 78217 (210) 670-1105  
 543 Pinn Rd. SAT 78227  
[www.sterlingadultdaycare.com](http://www.sterlingadultdaycare.com)

**EARLY CHILDHOOD INTERVENTION**

ECI General Line (800) 628-5115

Brighton Center for Inclusive Communities (210) 826-4492  
 14207 Higgins Rd. SAT 78217 [www.brightonsa.org](http://www.brightonsa.org)

Easter Seal Rehabilitation Center (210) 614-3911  
 2203 Babcock Rd. SAT 78229  
[www.easter-seals.org](http://www.easter-seals.org)

Center for Health Care Svcs - CHCS (210) 532-5159  
 227 West Drexel SAT 78210  
[www.chcsbc.org](http://www.chcsbc.org)

**EDUCATIONAL ADVOCACY RESOURCES**

101 Advocacy (210) 722-9974  
 Contact: Sylvia Farber  
 Helping families navigate through the special education process.  
[www.101advocacy.com](http://www.101advocacy.com)

Brighton: Special Educations Support Services (SESS) (210) 826-4492  
 14207 Higgins Rd. SAT 78217  
 School Advocacy. Fees based on medical coverage (\$10 - \$75)  
[www.brightonsa.org](http://www.brightonsa.org)

Child Advocacy Access Services (210) 379-8692

CAAS 202 East Park Avenue SAT 78212  
 Cassandra Levay – Special Education Advocate [levaykord@gmail.com](mailto:levaykord@gmail.com) / [levaykord@hotmail.com](mailto:levaykord@hotmail.com) / [everyonelearnsdifferently@gmail.com](mailto:everyonelearnsdifferently@gmail.com)

Cuddy Law Firm, PLLC (512) 649-3191  
 8723 Shoal Creek Blvd., Suite 100 Austin, TX 78757  
 Special Education, Estate Planning & Guardianship Attorneys  
 Email: [eangelone@cuddylawfirm.com](mailto:eangelone@cuddylawfirm.com)  
[www.cuddylawfirm.com](http://www.cuddylawfirm.com)

Advocacy & Consulting Services  
 Fee scale on website. Deposit required.  
[Lorene.Dillard@yahoo.com](mailto:Lorene.Dillard@yahoo.com)  
[www.dillardadvocacy.com](http://www.dillardadvocacy.com)

Jennifer Fitzhugh M.Ed (210) 415-6098  
 Advocacy Consultant - \$75 / hr.  
[www.jenniferfitzhughadvocacy.net](http://www.jenniferfitzhughadvocacy.net)

Eagles Flight Advocacy & Outreach (210) 960-6635  
 Advocacy provided for Special Education needs. Contact: Pam Allen  
[info@eaglesflight.com](mailto:info@eaglesflight.com)

Diana Lee 830-560-6968  
 IEP/504 Coaching and Advocacy  
[dianajleetx@gmail.com](mailto:dianajleetx@gmail.com) Servicing the San Antonio area

Law Offices of Karen Dalglish Seal (210) 226-8101  
 202 East Park Ave SATX 78212  
[www.karen@kseallaw.com](http://www.karen@kseallaw.com)

**EDUCATIONAL SERVICES (PRIVATE SCHOOLS/PROGRAMS)**

The Academy at Morgan's Wonderland (210) 479-3311  
 5235 David Edwards Dr. SAT 78233  
 Private school for students with special needs. Focus on Academics, Life Skills and Employment Readiness. Ages: 6<sup>th</sup> grade – 24 yrs.  
[www.morganswonderland.academy](http://www.morganswonderland.academy)

Achievers Center for Education (210) 690-7359  
 5084 De Zavala Rd. SAT 78249  
 Secondary school for students with special needs.  
[www.aceschool.org](http://www.aceschool.org)

Bug-a-doodles (210) 606-7749  
 Center for Learning Differences 11503 Jones Maltsberger Rd. SAT 78216  
 Provides small groups for carryover of skills learned in therapy and school to real life activities. Classes focus on functional motor, communication & social skills.  
 ARD support available.  
[www.bugadoodles.com](http://www.bugadoodles.com)

Clowvazar Academy (210) 690-4800  
 12746 Cimarron Path #120 SAT 78249  
 Private Special Needs Education School  
[www.clowvazar.com](http://www.clowvazar.com)

**FEAST (Home school Support)** (210) 342-4674  
 25 Burwood Lane SAT 78216  
<https://www.homeschool-life.com/455/>

**Foundation School for Autism** (210) 402-0253  
 2235 Thousand Oaks, Ste. 130 SAT 78232  
 Charter school for children diagnosed with Autism.  
 Ages: 3-7. Open Enrollment, highly trained staff, wait list.  
 Contact: Rheatha Miller  
[rimiller@responsived.com](mailto:rimiller@responsived.com)

**Kim's Learning Solutions, LLC** 979-236-5286  
 160007 Via Shavano, Ste. 102 SAT 78249  
 Kimberly Cornwell, EdD. [kimslearningsolutions.com](http://kimslearningsolutions.com)  
 Email: [billkimcornwell@gmail.com](mailto:billkimcornwell@gmail.com)  
 Learning solutions that address both the strengths and the needs of the individual.  
 Private tutoring and assessments/evaluations.

**Kid's Involvement Network (Kin)** (210) 407-0140  
**NEISD** students. The Kids' Involvement Network (KIN) and KIN After School Challenge Programs provide after school enrichment activities and supervision for elementary and middle school students in a way that will improve their attitudes, grades, and behavior so they will be positive members of the school and community.

**Learning Tree** (210) 397-8102  
 After school Enrichment program for **NISD**.  
 The Learning Tree program is designed to meet the needs of children and support the goals and objectives of both Northside and the Texas Education Agency. The Learning Tree program provides academic and enrichment activities, enhanced self-motivation, social skills, and improved study skills. We also strive to engage families by offering events in a variety of topics such as communication, parenting skills, and nutrition.  
<https://nisd.net/learning-tree>

**One for Autism Academy** (210) 696-6600  
 1216 West Avenue, Ste. 104  
[www.oneforautism.com](http://www.oneforautism.com) \*All ages\*

**River City Christian School** (210) 384-0297  
 5810 Blanco Rd. SAT 78216  
 Private, Christian based school for students with learning differences or emotional disturbance.  
[www.rivercitychristianschool.com](http://www.rivercitychristianschool.com)

**Sunshine Cottage School for Deaf Children** (210) 824-0579  
**For hearing impaired: TTY** (210) 824-5563  
 603 E. Hildebrand SAT 78212  
[www.sunshinecottage.org](http://www.sunshinecottage.org)

**Winston School of San Antonio** (210) 615-6544  
 8565 Ewing Halsell SAT 78229  
 Private school for 1-12 grades for individuals with learning disabilities.  
[www.winston-sa.org](http://www.winston-sa.org)

**FINANCIAL PLANNING**

**ACCION Texas** 888-215-2373  
[www.acciontexas.org](http://www.acciontexas.org) \* Small business loans

**AXA Advisors**  
 8000 IH 10 West, Suite 750 SAT 78230  
 Esmond Pabilona Office: (210) 348-380 Cell: (832) 660-7703  
[esmond.pabilona@axa-advisors.com](mailto:esmond.pabilona@axa-advisors.com)  
 Miguel Velasco Office: (210) 348-1396 Cell: (210) 340-6083  
[miguel.velasco@axa-advisors.com](mailto:miguel.velasco@axa-advisors.com)

**Catholic Charities** (210) 445-6105  
**Bill Payee / Representative Payee** 800-222-1294  
 110 Bandera Rd. SAT 78228  
 Help with organizing bills, managing money

**Coalition of Texans with Disabilities** (512)478-3366  
 316 W. 12<sup>th</sup> St., Ste. 405 Austin, TX 78701 Fax: (512) 478-3370  
 Estate/Family planning/Trust  
[www.txdisabilities.org](http://www.txdisabilities.org)

**Disability Benefits Assistance** (210) 732-6078  
 814 W. Euclid SAT 78212  
 Assist with applying for disability.

**Individual Development Account (IDA) Program** (210) 207-5910  
 (210) 207-5914  
 1325 N. Flores, Ste. 114 SAT 78212  
 Special match savings program for people with limited income. Helps build futures. Also includes program for buying a vehicle.  
[www.sanantonio.gov](http://www.sanantonio.gov) link to City departments → Community Initiatives → IDA's.

**Metlife Financial Services** (210) 340-0186  
 MetDESK (Division of Estate Planning for Special Kids)  
 100 NE Loop 410, Ste. 1050 SAT  
[www.metlife.com](http://www.metlife.com)

**New York Life** (210) 321-1491  
 8000 IH 10 West, Ste. 800 SAT 78230  
 Specializing in planning for Special Needs Trust, Life Insurance, Annuities, Long Term Care, Mutual Funds and Guardianship resources.  
 Ruth S. Gonzales @ [rsgonzales@f.newyorklife.com](mailto:rsgonzales@f.newyorklife.com) (210) 321-1777  
 Sylvester Siller – Registered Rep [ssiller@nyl.com](mailto:ssiller@nyl.com) (210) 321-1470  
 Cell: (210) 744-7155

**Northwestern Mutual** (210) 616-0900  
 17802 W IH10, Ste. 114 SAT 78257

**Planto/Roe Financial Services, Inc.** (210) 477-7140  
 19230 Stonehue, Ste. 4200 SAT 78258  
 Financial planning for people with special needs.  
[www.plantoroe.com](http://www.plantoroe.com)

**Power Financial Plans** (210) 685-3305  
 9715 Boerne Haze Boerne, TX 78006  
 Fee only financial device  
[powerfinancialplans@gmail.com](mailto:powerfinancialplans@gmail.com)



## San Antonio Financial Empowerment Center

Various locations – visit website: [www.sanantonioFEC.org](http://www.sanantonioFEC.org)

Free 1:1 Financial counseling

Spahn Law Firm (210) 880-4012

3308 Broadway St., Ste. 101 SAT 78209

Estate Planning

[www.spahnlawfirm.com](http://www.spahnlawfirm.com)

The Arc of Texas (800) 252-9729

Master Pooled Trust

8001 Centre Park Drive, Ste. 100 Austin, TX 78754

[www.thearcoftexas.org](http://www.thearcoftexas.org)**GENERAL COMMUNITY RESOURCES**211 - Information and referral for various needs (utilities, rent, clothing, medical, transportation). [www.unitedwaysatx.org](http://www.unitedwaysatx.org)

311 - Information for city services (brush pickup, animal control, etc.).

Agape Ministry (210) 590-6655

127 Lanark SAT 78218

Food, clothing, rent, utilities Call M-W-F only (limited zip codes served)

Alamo City Christian Fellowship (210) 654-7880

6500 IH 10 35 N. SAT 78218

Food &amp; Clothing

Alamo Service Connection – ASC (210) 477-3275

Access Public Benefits

8700 Tesoro Dr. #700 SAT 78217

Utility assistance, services for those with disabilities and age 60 and older.

Any Baby Can – Prescription (210) 227-0170

Assistance (210) 227-0812

217 Howard SAT 78212

[www.anybabycansa.org](http://www.anybabycansa.org)Battered Women's Shelter **(HOTLINE)** (210) 733-8810

Bexar County Department (210) 335-6770

Of Community Investment

233 N. Pecos, Ste. 590 SAT 78207

Utility, heating/cooling appliance program

BiblioTech

3505 Pleasanton Rd, SAT 78221

(210) 631-0180

200 Dolorosa SAT 78205

(210) 335-2940

[www.bexarbibliotech.org](http://www.bexarbibliotech.org)

Bexar County Digital library

Carelink (210) 358-3350

Payment plan for medical services.

Member Services

Catholic Charities (210) 226-6178

Emergency Financial Assistance

1801 W. Cesar E. Chavez Blvd. SAT 78207

Food, clothing, rent, utilities and immigration

Center for Working Families (210) 207-7830

Utility assistance, rent assistance, plumbing assistance.

Christian Assistance Ministries - CAM

110 McCullough SAT 78215

(210) 223-4099

5084 DeZavala SAT 78249

(210) 697-5771

Food, clothing, rent, utilities

[www.christianassistanceministries.org](http://www.christianassistanceministries.org)

City of San Antonio Dept. of Community Initiatives

Call 211 or (210) 227-HELP

Several locations. Free tax assistance

City of San Antonio Community (210) 207-7830

Initiatives – Senior Services &amp; Center for working families division

Emergency assistance, prescription assistance, supplies, financial assistance, employment assistance.

City of San Antonio Utility Assistance (210) 207-7830

Community Action Program – CAP (210) 207-7830

Call for nearest location. Assists once a year.

Food, clothing, rent, utilities.

Community Council of South Central Texas –

Community Action Partnership

Serves outlying counties: Medina, Guadalupe, Comal, Kendall, etc.)

Check website for contact information & application: [www.ccsct.org](http://www.ccsct.org)

Utility assistance, senior nutrition, home &amp; rental assistance/weatherization, subsidized childcare payments.

Corazon Ministries Outreach (210) 226-8341

230 E. Travis St. SAT 78205

Showers, laundry, employment assistance, group services, counseling, I.D. recovery. Monday – Friday 8am – 2pm.

Daughters of Charity Services (210) 334-2300

Of San Antonio

Medical, dental, social services including utility assistance, food, clothing, etc.

[www.dcssa.org](http://www.dcssa.org)

Ella Austin Community Center (210) 224-2351

1023 N. Pine SAT 78202

Food, clothing, utilities, early childhood development, youth services, senior services. Serves primarily East side residents.

[www.ellaaustin.org](http://www.ellaaustin.org)

Furniture For A Cause (210) 340-1678

5254 Blanco Rd. SAT 78213

Bargain prices for furniture.

Goslinowski Social Services Program (210) 352-2020

910 N. Flores St. SAT 78212

Emergency food, clothing, utility assistance



Greater Randolph Area Srvc. Program (210) 658-6351  
 426 E. Aviation (Thrift store) (210) 658-3578  
 250 Donalan Universal City, TX 78109 (Randolph & Marion area only)  
 Emergency assistance with food, clothing, rent, utilities, medicine

Guadalupe Community Center (210) 226-6178  
 1801 W. César E Chávez Blvd SAT 78207 (only 07 zip code)  
 Rent, utilities, GED, food, clothing, financial assistance, teen parent support,  
 refugee & immigration services, after school/summer youth program.

Gwendolyn Strong Foundation  
[www.gsf.org](http://www.gsf.org) The Gwendolyn Strong Foundation (theGSF) is a nonprofit  
 organization dedicated to increasing global awareness of Spinal Muscular Atrophy  
 (SMA), the #1 genetic killer of young children, accelerating research focused on  
 ending this cruel disease, and supporting families impacted by SMA and other life-  
 altering conditions. Provides financial support through community grants.  
 Research\*Awareness\*Support

Habitat for Humanity (210) 223-5203  
 311 Probandt SAT 78204  
 Builds homes for low income families/disabilities  
[www.habitatsa.org](http://www.habitatsa.org)

Haven for Hope (210) 220-2100  
 1 Haven for Hope Way SAT 78207  
 Homeless services and shelter  
[www.havenforhope.org](http://www.havenforhope.org)

Heart of Texas Hospice 844-590-9763  
 2688 Calder Avenue Beaumont, TX 77702  
[www.heartoftexashospice.com](http://www.heartoftexashospice.com)

House of Neighborly Service (210) 434-2301  
 407 N. Calaveras St. Zip codes: 78207, 78228, 78237  
 Early intervention, senior lunch, food distribution

Life Line – AT&T 800-464-7928  
 Reduced telephone service for low income families.

Madonna Neighborhood Center (210) 432-2374  
 1906 Castroville Rd.  
 Provides some food and clothing assistance.  
[www.madonnacentersa.org](http://www.madonnacentersa.org)

Presa Community Center (210) 532-5295  
 3721 S. Presa SAT 78210  
 Senior Nutrition Center, utilities for area residents. Senior services, youth services.  
 Counseling, clothing closet, emergency food bank.  
[www.presa.org](http://www.presa.org)

Project Warm – Bexar County (210) 335-6770  
 Dep. of Community Assistance  
 For CPS assistance during winter only.

Program - RACAP (210) 658-1613  
 Randolph Area Christian Assistance Program  
 307 Pfeil St. Schertz, TX 78154 NE area only. M-F 1:00pm – 3:00pm  
 Food, clothing, rent, utilities, medications

San Antonio Alternative Housing Corporation (210) 224-2349  
 1215 S. Trinity SAT 78207 \* Helps low income families own homes  
[www.saahc.org](http://www.saahc.org)

SALSA – San Antonio League of Self-Advocates (210) 828-7125  
 Become a self-advocate.

Salvation Army – Hope Center (210) 352-2020  
 519 W. Elmira SAT 78212  
 Food anytime, clothing, rent, utilities. Must call on Mondays by 9am for appointment

Salvation Army Men's Shelter (210) 226-2291  
 226 Nolan St.  
 Temporary shelter for men.

SAMMinistries (210) 224-5838  
 910 W. Commerce SAT 78207  
 Temporary Shelter and transitional housing, utility support, rental assistance –  
 when available.

San Antonio Fatherhood Campaign (210) 227-3463  
 3014 Rivas St., Room 20 SAT 78228  
 Education, mentoring, educational/vocational services, support groups, legal  
 support, etc.  
[www.texasmissionindians.com](http://www.texasmissionindians.com)

San Antonio Food Bank (210) 431-8326  
 Food, assistance with completing food stamp application & Medicaid/CHIP.  
[www.safoodbank.org](http://www.safoodbank.org)

S.A.W.S. San Antonio Water Systems (210) 704-7297  
 Affordability Programs  
 2300 W. Commerce, Ste. 202 SAT 78207  
 Payment assistance, affordability discount.  
[www.saws.org/services/affordability](http://www.saws.org/services/affordability)

Society of St. Vincent de Paul (210) 225-7837  
 Call between 9:00am – 11:00am.  
 Food, clothing, rent, utilities, furniture, appliances.

South Alamo Regional Alliance (210)2202382  
 For the Homeless (210) 220-2121 F  
 1 Haven for Hope Way St. 3.301 SAT 78207  
[www.sarahomeless.org](http://www.sarahomeless.org) Homeless resources

Texas Diaper Bank (210)731-8118  
 5415 Bandera Rd. #504 SAT 78238  
 Healthy babies, education classes and diapers, incontinence products for  
 youth/adults.

Variety – The Children's Charity (512)328-5437  
 Of Texas  
 5555 N. Lamar Blvd., Ste. K113 Austin, TX 78751  
 Funding for medical services, equipment, educational resources

Wesley Community Center (210) 924-5191  
1406 Fitch SAT 78211  
Food, clothing, utilities, Day Care, After School Care, Basketball program for young men, summer recreation programs, parenting programs.

WIC – 1-800-942-3678  
Call for clinics and process

## LEGAL ASSISTANCE

Lawyer Referral Services (210) 227-1853

Alamo Service Connection (210) 477-3275  
Legal Assistance  
Free legal assistance for limited income, for seniors over age 60.  
Can assist with a simple will, power of attorney or a medical directive.

American Gateways (210) 521-4768, ext. 232 or 233  
2300 W. Commerce St., Ste. 313 SATX 78207  
Assists in areas of immigration, education and advocacy, at low or no cost.  
Walk ins - Monday – Friday, 9am – 2pm  
[www.americangateways.org](http://www.americangateways.org)

Michael Archer  
12451 Starcrest, Ste. 101 SAT 78216  
[www.sanantoniodisabilitylawyer.com](http://www.sanantoniodisabilitylawyer.com) Social Security Disability

Cadena-Reeves Justice Center (210) 335-2128  
300 Dolorosa, 1<sup>st</sup> Fl. SAT  
[www.bexar.org/drc](http://www.bexar.org/drc)

Carol Bertsch (210) 892-4555  
4950 San Pedro SAT 78212  
Medicaid, special needs trust. No Spanish assistance.  
[www.assistingseniors.com](http://www.assistingseniors.com)

Casner & Cabello Havrda PLLC (210) 212-6020  
945 N Flores St. SAT 78212 *Social Security Disability Law, Family Law, Wills, Tickets* <https://law-cch.com>

Margie Boldrick (210) 455-6105  
1777 NE Loop 410, Ste. 600 SAT 78217  
Estate Planning

Catholic Charities Guardianship Program (210) 293-1009  
110 Bandera Rd. SAT 78228  
[www.ccaosa.org](http://www.ccaosa.org)

Cuddy Law Firm, PLLC (512) 649-3191  
8723 Shoal Creek Blvd., Suite 100 Austin, TX 78757  
Special Education, Estate Planning & Guardianship Attorneys  
Email: [angelone@cuddylawfirm.com](mailto:angelone@cuddylawfirm.com)  
[www.cuddylawfirm.com](http://www.cuddylawfirm.com)

Judith Davila-Nelson, Law Firm PLLC (210) 299-1300  
3503 West Avenue SAT 78213  
Immigration Attorney [www.davila-nelson.com](http://www.davila-nelson.com)

Disability Rights Texas (800) 252-9108  
6800 Park Ten Blvd., Ste. 208N SAT 78213  
Provides assistance with legal rights for persons with disabilities. Possibly free.  
[www.disabilityrightstx.org](http://www.disabilityrightstx.org)

Kathleen Goodman (210) 949-1000  
8118 Datapoint Dr. SAT 78229

Granstaff, Gaedke & Edgmon (210) 348-6600  
5535 Fredericksburg Rd. SAT 78229 *Guardianship & Trust*

Heard & Smith, LLP  
Social Security Disability - (210)820-3737  
10715 Gulfdale St.Ste. 100 SAT 78216  
Probate/Inheritance – (210)904-3200  
9601 Mc Allister FRWY, Ste. 620, SAT 78216

Jacobson Law Firm (210) 341-1333  
6391 De Zavala Rd., Ste. 201 SAT 78249  
Estate Planning & Probate, Military Law

Jim House (210) 821-6863  
8620 New Braunfels, Ste. 315 SAT 78217 *Estate Planning*

Law Offices of Susca and White (210) 821-4844  
Social Security Disability denials

Kay Martinez, Family Law (210) 826-0851  
3737 Broadway #320 SAT 78209

Cheryl McMullan (210) 212-4076  
111 Soledad, Ste. 300 SAT 78205  
Estate Planning, Guardianship & Medicaid

Project Caridad (210) 293-4344  
Free legal advice for those with Social Security Disability needs.  
Contact: Lily Miess Email: [lily@packardfirm.com](mailto:lily@packardfirm.com)  
[www.ProjectCaridad.com](http://www.ProjectCaridad.com)

RAICES – Refugees & Immigrant (210) 226-7772  
Center for Education & Legal Services  
1305 N. Flores St. SAT 78212  
Promotes justice by providing free and low cost immigration legal services and education to underserved immigrant children, families and refugees in Central and South Texas.

Betsy Riley, Family Law (210) 212-6700  
206 E. Locust SAT 78212

Barbie Scharf-Zeldes, Family Law (210) 699-6589  
8925 IH 10 W SAT 78230

Karen Dalglish Seal, Attorney, (210) 226-8101  
Mediator & Counselor at Law  
202 East Park Ave. SAT 78212  
Firm addresses placement, modifications, accommodations and proper programming of students in special education. Also advocates for situations that do not require the expertise of an attorney. Email: [Karen@kseallaw.com](mailto:Karen@kseallaw.com)

**Medical – Legal Assistance (210) 704-8730  
For Families**

Guardianship/Powers of Attorney

Ask your health care provider for a referral or call us today

**Packard Law Firm (210) 340-8877**

Contact: Samuel Packard

1100 NW Loop 410, Ste. 104 SAT 78213

Assists with SSI, SSDI

**San Antonio Community Law Firm (210) 271-9595**

322 W. Woodlawn SAT 78212

Provides legal services for working poor and elderly people who are ineligible for legal aid.

**Connie Somers (210) 271-7807**

11122 Wurzbach, Ste. 100 SAT 78230 Assists w/ Social Security

**St. Mary's Law School (210) 431-2596****Tessmer Law Firm PLLC (210) 368-9708**

Tammy Fisher – Operations Manager

7800 IH 10 West, Ste. 830

Estate Planning, Guardianship, Will, Family Law. Sliding fee scale. Payment options. **SPANISH**[info@tessmerlawfirm.com](mailto:info@tessmerlawfirm.com)[www.tessmerlawfirm.com](http://www.tessmerlawfirm.com)

The Legal Framework - Region 18 providing Statewide Leadership for the Legal Framework for the Child-Centered Process in Texas; in collaboration with the Division of IDEA Coordination at TEA. <http://framework.esc18.net/>

**Texas Legal Services Center 800-622-2520**

Crime Victims Hotline for Seniors &amp; Persons

**Anna M. Torres & Associates (210) 249-2143**

85 NE Loop 410, Ste. 116 SAT 78216

Estate Planning, Probate, Elder Law, Adoption &amp; Business Organizations

**Texas RioGrande Legal Aid, Inc. 888-988-9996**

1111 N. Main SAT 78212

800-369-0356

**Weisinger Law Firm (210) 308-0800**

16016 N. Evans Rd. Selma, TX 78154

(210) 247-9648 F

Special needs trust, wills, guardianship, and probate

[www.weisingerlawfirm.com](http://www.weisingerlawfirm.com)**K.T. Whitehead, Elder Care (210) 930-4300**

3004 Nacogdoches Rd. SAT 78217

Estate Planning, guardianship &amp; Medicaid

**Law Office of Lacey P. Whitten (210) 820-0505**

526 N. New Braunfels SAT 78217

[www.lpwlaw.com](http://www.lpwlaw.com) Email: [lacey@lpwlaw.com](mailto:lacey@lpwlaw.com)**MEDICAID WAIVER PROGRAMS****DADS Long Term Help****CBA – Community Based Alternatives (210) 438-6208  
Program**

For those with a need for skilled nursing services. Ages 21 and over

**DB-MD – Deaf/Blind Multiple (877) 438-5658  
Disabilities Program**

Interest list in Austin.

For those with diagnosis of deaf, blind and a developmental disability. All ages.

**HCS – Home & Community-based (210) 832-5020  
Program**

Interest list in San Antonio. For individuals with a diagnosis with intellectual disabilities. All ages.

**CLASS – Community Living (877) 438-5658  
Assistance & Support Services Program**

Interest list in Austin. For individuals with a diagnosis of development disabilities/related conditions. All ages.

**MDCP – Medically Dependent (877) 438-5658  
Children's Program**

Interest list in Austin. For individuals with a need for skilled nursing services. Children up to age 21.

**YES – Youth Empowerment Services (210) 261-1135**

For children and adolescents with severe emotional disturbances to live in the community with their families. This is a pilot program in Bexar County.

**MENTAL HEALTH SERVICES &  
SUPPORT****Clarity Child Guidance Center (210) 616-0300**

8535 Tom Slick Rd. SAT 78229

**La Paz Community Mental Health (210) 558-8744**

530 San Pedro SAT 78212

Intakes: (210) 558-4276

**National Alliance for Mental Illness (210) 734-3349  
NAMI, SA**

510 Belknap, Rm. 224 SAT 78202

**ONLINE RESOURCE  
DIRECTORY/ONLINE GUIDES****Alamo Service Connection (210) 477-3275**

Provides access to long term services &amp; supports for Older adults, people with disabilities &amp; their families.

[www.askasc.org](http://www.askasc.org)**Autism Asperger's Digest [www.autismdigets.com](http://www.autismdigets.com)****Bill Nason's Autism Discussion Page**[www.facebook.com/autismdiscussionpage](http://www.facebook.com/autismdiscussionpage)**Blue Cat Pies – [www.bluecatpies.com](http://www.bluecatpies.com)**

Children & Adults w/ Attention Deficit/Hyperactivity Disorder (CHADD) [www.chadd.org](http://www.chadd.org)

Different Roads

Sells supplies for home ABA programs and all things related to speech and language therapy. No shipping costs

[www.difflearn.com](http://www.difflearn.com)

DisabilitySA.org

Resources for individuals with disabilities in Bexar County.

[www.disabilitysa.org](http://www.disabilitysa.org)

Gordon Hartman Family Foundation

[www.hartmansa.org](http://www.hartmansa.org)

Homeschooling Guide to San Antonio and Texas

[www.homeedsa.com](http://www.homeedsa.com)

Interactive Autism Network

[www.iancommunity.org](http://www.iancommunity.org)

Kid Events & Activities

[www.littledailyplanner.com](http://www.littledailyplanner.com)

Loyola Press – Catholic Faith Visuals & Supports

[www.loyolapress.com/special-needs-products.htm](http://www.loyolapress.com/special-needs-products.htm)

Parent Café

Information, resources & practical strategies to help manage day to day living.

[www.child-autism-parent-cafe.com](http://www.child-autism-parent-cafe.com)

Teacher's resources & other teaching ideas:

[www.buildingblox.net](http://www.buildingblox.net)

[www.do2learn.com](http://www.do2learn.com)

[www.boardmakeronline.com](http://www.boardmakeronline.com)

[www.kizclub.com](http://www.kizclub.com)

Texas Guide to Adult Guardianship

<http://www.dads.state.tx.us/services/guardianship>

The Arc of Texas – IDEA Manual

(Resources) [www.thearcoftexas.org](http://www.thearcoftexas.org)

Twogether Consulting

[www.twogetherconsulting.com](http://www.twogetherconsulting.com)

Consulting services for HCS for ICFMR Providers

## OTHER SERVICES

Alamo Hospice (210) 612-3660  
3201 Cherry Ridge SAT 78230

Canine Companions for Independence (800)572-2275  
[www.cci.org](http://www.cci.org)

Guide Dogs of Texas, Inc. (210) 366-4081  
1503 Allena Dr. SAT 78213 (800) 831-9231  
Providing guide dogs to Texans who are visually impaired to enhance their mobility and independence.  
[www.guidedogssoftexas.org](http://www.guidedogssoftexas.org)

Heel the Heroes (585) 245-2291

Compelled to aid in the successful recovery, integration, and empowerment of Veterans; utilizing canine and equine therapy to mitigate symptoms related to the wounds our Heroes have endured.

[www.heelTheHeroes.org](http://www.heelTheHeroes.org)

LGSM Foundation, Inc. [www.lgsmfoundation.org](http://www.lgsmfoundation.org)

Assists children with special needs with private music lessons. Assistance is provided to help with the cost of music lessons, materials and instruments.

P.O. Box 33008 SAT 78265

Email: [info@lgsmfoundation.org](mailto:info@lgsmfoundation.org)

National Service Animal Registry

"Animal Service Type Definitions"

[www.nsarco.com/service-definitions](http://www.nsarco.com/service-definitions)

Parenting Adolescents – Child Development Inst.

[www.childdevelopmentinfo.com/development/moving-onwards-your-13-to-15year-old](http://www.childdevelopmentinfo.com/development/moving-onwards-your-13-to-15year-old)

Project Infinity (210) 954-0036

18503 Sigma Rd., Suite 138 SAT 78258

Provides: Recreation Therapy, Music Therapy, Animal Assisted Therapy, Art Therapy. Group therapy sessions offered each month at various locations. Each therapy session is 45 mins. for a small fee of \$15. Each session is divided to accommodate therapeutic needs based on age & development.

[hello@project-infinity.org](mailto:hello@project-infinity.org) [www.project-infinity.org](http://www.project-infinity.org)

RISE – Therapeutic Equestrian Center (210) 268-4558

Provides therapeutic riding and hippotherapy.

Contact: Karen Ferguson or [info@riserehab.org](mailto:info@riserehab.org)

SA Dental Team (210) 714-2488

Sedation Dentistry Services

8706 Fredericksburg Rd., Ste. 104 SAT 78240

Provides sedation for children and adults with special needs.

Sexual Education Resources

[www.kc.vanderbilt.edu/healthybodies](http://www.kc.vanderbilt.edu/healthybodies)

<http://coultervideo.com/video/253/puberty-video-boys-asperger-syndrome-and-autism-spectrum-disorder-level1dvd>

SIBscape

Website to help siblings of individuals with developmental disabilities and others become better advocates for their families. Training and services for individuals ages 14 and up, and has programs specifically designed for siblings.

Contact Stacy Mather at [Stacey@sibscape.org](mailto:Stacey@sibscape.org)

[www.sibscape.org](http://www.sibscape.org)

Texas Statewide Leadership for Autism Training

Provides information to support the implementation of evidence-based practices (EBPs) with individuals who have Autism Spectrum Disorder (ASD). Includes links for Texas Autism Resources Guide for Effective Teaching (TARGET) where you will find documents providing information and research on EBPs and evaluations/assessments. Also provides information on training and webinars specific to ASD, The Texas State Autism Conference, and a variety of State and National Resources.

Today at Apple

[www.apple.com/today](http://www.apple.com/today)

Free sessions and events at the North Star and La Cantera location, such as Kid's Hour and Field Trips. Inspiring programs every day.

**PARENT TRAINING PROGRAMS**

Avance of San Antonio (210) 220-1788  
118 N. Medina SAT 78207  
Parenting Education, Adult Literacy, Fatherhood Services, Child Abuse/Neglect Intervention.  
[www.avance.org](http://www.avance.org)

Brighton Center (210) 826-4492  
Special Education Support services  
Provides training on special education issues.

Center for New Communities (210) 314-3200  
1313 Guadalupe St. #200 SAT 78207  
Services to expectant mothers and in home parent training for those with children under age 3.

Family Services Association (210) 299-2400  
702 San Pedro SAT 78212 [www.fsasatx.org](http://www.fsasatx.org)

PALS (Parent Alliance For Learning & Support) (210) 826-4492

Partners Resource Network Team Project (877) 832-8945  
Provides training on special education issues.

**RECREATION/LEISURE/SPIRITUAL ACTIVITIES**

Above & Beyond Gymnastics (210) 213-1458  
2835 NE Loop 410 SAT 78218

A.W.A.R.E. San Marcos (512) 754-6773  
Therapeutic horseback riding

A-Z Music Therapy (210) 392-1277  
20770 Hwy 281 N. Ste., 108-188 SAT 78258  
[www.azmusictherapy.com](http://www.azmusictherapy.com)

Boy Scouts of America (210) 341-8611  
8503 S. Zarzamora SAT  
Scouting with Special Needs. Contact: Josh Ozuna

Children's Association for Maximum Potential – C.A.M.P. Teen Program (210) 671-5411  
[www.campcamp.org](http://www.campcamp.org)

Eva's Heroes (210) 694-9090  
11107 Wurzbach Rd., Ste. 203 SAT 78230  
After school and summer enrichment for children and young adults with developmental disabilities. Ages 14-21 Monthly activities for ages 16 and older.  
[www.evasheroes.org](http://www.evasheroes.org)

FaithAbility Ministries (210) 354-7635  
The Arc of San Antonio (Pam Stephens Center)  
6530 Wurzbach Rd. SAT 78240  
Christian worship and service of Holy Communion. Sundays 11:00am (English &

Spanish) Email: [faithabilitysa@gmail.com](mailto:faithabilitysa@gmail.com) [www.faithabilitysa.org](http://www.faithabilitysa.org)

Good-Swim Swimming Program (210) 381-4308  
355 Pershing Avenue SAT 78205 Contact: Diana Perry

Jesus Cares Outreach (210) 696-2716  
Our Savior Lutheran Church  
11503 Vance Jackson SAT 78230  
Religion class for people with DD. Meets every 1<sup>st</sup> and 3<sup>rd</sup> Saturday of every month in the fall.

Kids Yoga Therapy (210) 834-8275  
3300 Nacogdoches Rd. Ste. 110 SAT 78217  
For young infants and children with Neurodevelopment challenges including developmental delays, Autism, ADHD. Contact: Kathleen Matula, PhD in Child Development & certified in Yoga for the special child.  
[www.kidsyogatherapy.com](http://www.kidsyogatherapy.com)

Kinetic Kids (210) 748-5867  
P.O. Box 690993 SAT  
[www.kinetickidstx.org](http://www.kinetickidstx.org)

Miracle League of S.A (210) 225-6666  
Baseball team league for children with intellectual and/or physical challenges.  
[www.miracleleagueofsanantonio.com](http://www.miracleleagueofsanantonio.com)

Morgan's Wonderland (210) 495-5888  
5223 David Edwards Dr. SAT 78233 (877) 495-5888  
[www.morganswonderland.com](http://www.morganswonderland.com)

Open T.R.A.I.L Ranch (210) 367-8248  
28710 Boerne Stage Rd. Boerne, TX 78006  
Providing qualified, personal equestrian therapy  
[opentrailranch@gmail.com](mailto:opentrailranch@gmail.com) [www.opentrailranch.org](http://www.opentrailranch.org)

R & K Songsters Choir (210) 805-0802  
Contact: Gail Phillips

San Antonio Area Adults Asperger's Meet up Group  
6851 Citizen's Parkway SAT 78229 – San Antonio Club House  
For socialization. Meet 1<sup>st</sup> Sunday of the month: 3:30pm – 5:pm  
[www.meetup.com/san-antonio-area-adults-with-asperger-syndrome/](http://www.meetup.com/san-antonio-area-adults-with-asperger-syndrome/)

San Antonio Parks & Rec Dept. (210) 207-3018  
Adaptive Sports & Rec Program. (210) 207-3048  
[www.sanantonio.gov](http://www.sanantonio.gov)

Special Reach (210) 784-7478  
Crown of Life Lutheran Church  
19291 Stone Oak Pkwy  
Summer Enrichment & Afterschool School Program.  
Ages 6-18.

The Door in the Wall, Inc. (210) 637-8316  
767 Lookout Dr. Lakehills, TX 78063  
Fun, free events for people with disabilities.  
[www.ditwtxas.org](http://www.ditwtxas.org)



- The Saddle Light Center (210) 651-9574  
17530 Old Evans Rd. Selma, TX 78154  
Therapeutic riding for people with special needs.  
[www.thesaddlelightcenter.com](http://www.thesaddlelightcenter.com)
- Special Olympics Texas (210) 530-9896  
10233 McAllister Frwy Ste. 100 SAT 78216  
Fax: (210) 530-9896  
[www.sotx.org](http://www.sotx.org)
- St. David's Episcopal Church - (210) 824-2481  
Saturday Program  
1300 Wiltshire Ave. SAT 78209  
10:30am – 3:00pm – Leave to Ft. Sam Bowling Center. Contact: Susan Reagor  
[www.saintdavids.net](http://www.saintdavids.net)
- Sunburst Gymnastics (210) 680-0944  
7903 Mainland Dr. SAT 78250
- Triple H Equitherapy (830) 510-9515  
789 Backhaus Rd. Pipecreek, TX 78063  
Therapeutic riding for people with special needs.
- University United Methodist Church (210) 696-1033  
The "U"  
5084 DeZavala Rd. SAT 78249  
Sunday school classes for children and adults with developmental disabilities.  
Contact: Susan Galindo, Director [www.uchurch.tv](http://www.uchurch.tv)

## RESIDENTIAL SERVICES

### GROUP HOMES:

For a complete listing of HCS/ICF-MR facilities:  
[www.aacog.com/ala/resources/consumerresources/profiderlisting-HCS](http://www.aacog.com/ala/resources/consumerresources/profiderlisting-HCS)  
or: [www.dads.state.tx.us/providers/icf/search](http://www.dads.state.tx.us/providers/icf/search)

### SUPERVISED APARTMENT COMPLEXES:

- Mission Road Development Center (various locations) (210) 344-9987
- Reaching Maximum Independence (210) 656-6674  
Various Locations

## RESOURCE AND REFERRAL

211 – Information and referral to various needs.

- Alamo Area Agency on Aging (210) 362-5561  
Information/Referral for individuals 60 and older in Atascosa, Bandera, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson Counties.
- Alamo Service Connection (210) 477-3275  
Supports for older adults, people with disabilities, and their families.
- Any Baby Can, Inc. (210) 227-0170  
217 Howard SAT 78212
- The Arc of San Antonio, Inc. (210) 490-4300  
13430 West Avenue SAT 78216 [www.arc-sa.org](http://www.arc-sa.org)

- The Arc of Texas (800) 252-9729  
[www.thearcoftexas.org](http://www.thearcoftexas.org)

- The Arc of U.S. (800) 433-5255  
[www.thearc.org](http://www.thearc.org)

### Autism Lifeline Links (ALL)

Is a collective effort of service providers, medical professionals, educators and advocates passionate about helping people living with autism. They provide streamlined solutions to address needs and simplify access to resources from diagnosis throughout life.

For more information or to learn more about our providers and services, please visit:

[www.autismlifelinelinks.org](http://www.autismlifelinelinks.org)

- CSD (**Communication Services for the Deaf**) (210) 349-3332  
7400 Blanco Rd., Ste. 130 SAT 78216  
Resource/Referral/Advocacy  
[www.c-s-d.org](http://www.c-s-d.org)

- Center on Independent Living - COIL (210) 655-2333  
12414 Nacogdoches, Ste. 150 SAT 78217 (210) 655-2336  
[www.coil.org](http://www.coil.org)

- Region 20 Education Service Center (210) 370-5200  
1314 Hines Ave. SAT 78217  
[www.esc20.net](http://www.esc20.net)

- San Antonio Independent Living (210) 281-1878  
Services - SAIL  
1028 S. Alamo, Ste. A SAT 78210  
[www.sailstx.org](http://www.sailstx.org)

## RESPIRE PROGRAMS

- Children's Association for Maximum (210) 671-5411  
Potential (CAMP)  
Summer/weekend respite camps for children and adults.  
[www.campcamp.org](http://www.campcamp.org)

- Precise Respite Care (210) 897-1935  
103 Dartmoor SAT 78227  
Contact: Liz Thomas – [preciserespitcareinc@yahoo.com](mailto:preciserespitcareinc@yahoo.com)  
Accepts: Private Pay, GR, HCS, CLASS, TX Home Living. Adults only.

- Respite Care of San Antonio (210) 737-1212  
P.O. Box 12633 SAT 78212  
Davidson Respite House/Day Care/Mother's Day Out  
[www.respitecaresa.org](http://www.respitecaresa.org)

- Special Reach (210) 784-7478  
Parent's Night Out, Holiday parties, summer camp for children with special needs.  
Ages 6-18 y.o.

### Take Time Texas

A website to help find respite services for child and adults. [www.taketimetexas.org](http://www.taketimetexas.org)



**STATE PROGRAMS/OFFICES**

Bexar County Tax Office (210) 335-2251  
 For Handicap placards and license plates (210) 335-6627

Bexar County Housing Authority (210) 225-0071  
 1017 N. Main Ave., Ste. 201 SAT 78212

Crime Victims Compensation (800) 983-9933  
 P.O. Box 12198 Austin, TX 78711-2548 Austin: (512) 936-1200  
[www.texasattorneygeneral.gov](http://www.texasattorneygeneral.gov)

Department of State Health Services (210) 949-2142 (DSHS) (210) 335-2144  
 Children with Special Health Care Needs Program  
[www.dshs.state.tx.us](http://www.dshs.state.tx.us)

Department of Aging & Disability Services (DADS) (210) 438-6208  
 Long Term Care Program (210) 438-6208  
 Consumer Rights & Services hotline (800) 458-9858  
[www.dads.state.tx.us](http://www.dads.state.tx.us)

Office of the Attorney General (800) 252-8014  
 Child Support Division  
 P.O. Box 12017 Austin, TX 78711-2017 [www.texasattorneygeneral.gov](http://www.texasattorneygeneral.gov)

San Antonio Housing Authority (210) 477-6262  
 818 S. Flores SAT 78204  
 Housing Assistance Program general info – option 1  
 Section 8 info – option 2

Social Security Administration (800) 772-1213

Texas Department of Family and Protective Services (TDFPS) (800) 252-5400 (24 hour hotline)  
 1635 SE Military Dr.

Texas Workforce Commission (TWC) (210) 785-2750  
**Blind & Visually impaired services**  
 4204 Woodcock Ste. 274 SAT 78228 FAX: (210) 735-7508  
 Assistance for visually impaired from 10 to adult.  
**Rehabilitation Services:**  
 Central (downtown) (210) 228-2280  
 North (210) 522-8010  
 Northeast (210) 590-5740  
 South (210) 927-8300  
 West (210) 561-8600  
 Regional (210) 805-2200

**Health & Human Services (HHSC) [www.hhs.texas.gov](http://www.hhs.texas.gov)**  
 11307 Rozell St. SAT 78217  
 Customer Services Line (Ombudsman) (877) 787-8999  
 Medicaid Hotline (800) 252-8263  
 CHIP Call Center (877)543-7669  
 Blind Children's program (0-10), Deaf & hard of Hearing services, ECI  
 Comprehensive Rehab (TBI or SCI) , Autism Program for Children (3-15)

**SUPPORT GROUPS**

**\*\*Call for current meeting times and locations\*\***

ADHD Parent Support Group (210) 699-6463  
 Of Northwest San Antonio  
 9515 Fredericksburg Rd. SAT 78240

Alamo Head Injury Association (210) 614-4323  
 Contact: Ashley Longoria \* Meet at Warm Springs Rehab Hospital: 5151 Medical  
 For brain injury survivors, family and friends.  
[www.alamoheadinjury.org](http://www.alamoheadinjury.org)

Any Baby Can (210) 227-0170  
 Sibling Support Group: Group for siblings of medically fragile & chronically ill children. Autism/ Asperger's support Group.  
[www.anybabycansa.org](http://www.anybabycansa.org)

Autism Community Network (210) 435-1000  
 701 S. Zarzamora SAT 78207 Fax: (210) 200-6056  
 Provides comprehensive services for children diagnosed with Autism up to age 5. Monthly parent workshops.  
[www.autismcommunitynetwork-SA.org](http://www.autismcommunitynetwork-SA.org)

Autism Society San Antonio (210) 268-3331  
 Support Group  
 Location: Little Engine Homecare, Conference Room – 3201 Cherry Ridge Dr.  
 Ste. D-400, SAT 78230 10:00am – 12:00pm  
 RSVP: Lisa Owens  
[lisa@texasautismsociety.org](mailto:lisa@texasautismsociety.org)

AzulBlue United by Autism  
 Non-profit Bilingual organization that provides support in Spanish to families of children diagnosed with Autism.  
 Odra Millan, Texas Coordinator - Email: [odramillan@azulblue.org](mailto:odramillan@azulblue.org)  
[www.azulblue.org](http://www.azulblue.org)

BrightBeacon.org  
 Social networking site for parents of kids with medical needs to meet, discuss your children and their children's medical needs. Provides support, information and resources.  
[www.brightbeacon.org](http://www.brightbeacon.org)

Children's Bereavement Center (210) 736-HUGS  
 Of South Texas  
 For children that have lost a parent or sibling due to extended illness.

CHADD (800) 233-4050  
 (Children and Adults with Attention Deficit Disorder)  
[www.chadd.org](http://www.chadd.org)

Clarity Child Guidance Center (210) 616-0300  
 Support group for parents of children diagnosed with a mental health condition.

Down Syndrome Association (210) 349-4372  
 Of San Antonio  
 For families with children that have Down syndrome.

Epilepsy Foundation of Central (210) 653-5353  
And South Texas [www.efcst.org](http://www.efcst.org)

Fragile X Alliance of Texas (210) 725-2785  
University United Methodist Church Contact: Laura Alcalá  
5084 De Zavala Rd. – McCressless Marr Activities Building  
Meets 2<sup>nd</sup> Saturday of each month.

Meld Special (210) 223-9381  
Support group for parents of children with special needs  
or chronic illness. Free childcare and meal provided. Call for locations.

MoCAA (Moms Connect About Autism)  
[www.mocaa.org](http://www.mocaa.org)

Muscular Dystrophy Association (210) 650-3181  
8610 Broadway, Ste. 200 SAT 78217  
Diagnostic exams, medical follow-up, carrier-testing counseling, equipment, PT/OT,  
summer camp, support groups.  
[www.mda.org](http://www.mda.org)

National Alliance for Mental Illness (210) 734-3349  
NAMI, SA  
510 Belknap, Rm. 224 SAT 78202  
[www.nami.org](http://www.nami.org)

San Antonio Independent Living (210) 281-1878  
Services (SAILS)  
Support group for adults with disabilities; families of adults with disabilities; Young  
adult (18+) and Life Skills classes for successful living.  
Contact: Sandie Flanagan

San Antonio League of Self (210) 828-7125  
Advocates (SALSA)  
16414 Ledge Park SAT 78232  
Drama program for adults with developmental disabilities.  
Contact: Judith

Tourette Syndrome Support Group (210) 479-3740  
8109 Fredericksburg Rd. 1<sup>st</sup> floor Conference Room A  
Meets 1<sup>st</sup> Tuesday of the month, 6:30pm – 8:00pm. Adults and children welcome.  
Contact: Wendy Marcus – Perez  
[Pod1098@aol.com](mailto:Pod1098@aol.com)  
[www.tourette texas.org](http://www.tourette texas.org)

## TRANSPORTATION

The Alamo Call A Ride for Vets (210) 362-5254  
(CARV) 1-800-960-5201  
FREE rides for honorably discharged veterans, immediate family, surviving spouse  
or caregiver.

Alamo Regional Transit (ART) 1-866-889-7433  
Through AACOG. Transportation for seniors 60+

Alamo Service Connection (210) 477-3275  
Medical Transportation 1-877-633-8747  
For medical or dental appointments.  
Medicaid or CSHCN eligibility required.

Bexar County Senior Transportation (210)477-3275  
Medical appointment transportation. Various locations.  
Senior Center Transportation (210) 207-7172  
Transportation for the elderly to centers

VIA-Trans  
Scheduling and info: (210) 262-5050  
Eligibility: (210) 362-2140  
[www.viainfo.net](http://www.viainfo.net)

## VOCATIONAL PROGRAMS

Alternative Business (210) 822-8036  
Services/dba Educare (210) 967-9699  
73700 Belgium Lane SAT 78219 2006 Ceegee SAT 78217

The Bridge at Morgan's Wonderland (210) 479-3311  
5235 David Edwards Dr. SAT 78233  
The Academy's transition program, is designed to prepare young adults  
for life after The Academy with a focus on vocational and daily living skills  
coupled with functional academics. Ages 18-24.

Community Learning Center - (210) 733-1017  
CLC 333 W. Lovera SAT 78212

Easter Seal Rehabilitation (210) 614-3911  
Head Injury/New Beginnings Program  
2203 Babcock Rd. SAT 78229  
[www.easterseal-seals.org](http://www.easterseal-seals.org) [lindatapia@easterseals.satx.org](mailto:lindatapia@easterseals.satx.org)

Providence Place (210) 696-2410  
6487 Whitby SAT 78240  
[www.provplace.org](http://www.provplace.org)

San Antonio Lighthouse (210) 533-5195  
2305 Roosevelt SAT 78210  
Vocational services for visually impaired  
[www.salighthouse.org](http://www.salighthouse.org)

Workaccess, Inc. (830) 714-9280  
Oak Meadow Methodist Church  
2740 Hunters Green SAT 78231  
Youth & Adult Program provides work training and placements, with self-  
employment support. Early Childhood program for children w/ special needs.  
[www.workaccess.us](http://www.workaccess.us)  
Email: [admin@workaccess.net](mailto:admin@workaccess.net)